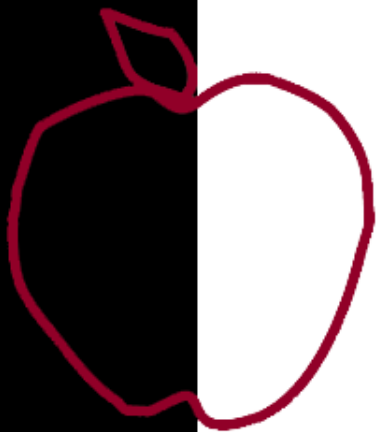




HERB & DRUG INTERACTIONS

Herbs and drugs will interact differently with every individual. The information listed is generalized for the public. If you take any medications on a daily basis or you are pregnant or breastfeeding, consult your doctor or pharmacist before using herbs.



GARLIC

COMMON INDICATIONS

- To fight hardening of the arteries (lipid lowering effects)
- Antihypertensive
- Reduce infection risk
- Treat cold/flu symptoms

SIDE EFFECTS

Upset stomach, headache, fatigue, bad breath, body odor, and contact dermatitis.

DRUG INTERACTION

May increase effect of regular high blood pressure and blood thinner drugs (for example, aspirin, Coumadin® or Warfarin®).

CONTRAINDICATIONS

Avoid use during lactation.

References

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