

	CHO	PRO	FAT
Product Name	Polycose® (Powder)	ProMod®	MCT Oil
Nutrient Values Per	1 T	1 T	1 T (15 mL)
Calories	23	17	115
Protein (g)	0	3	—
Carbohydrate (g)	5.6	0.41	—
Fat (g)	0	0.36	14
Features	Powder; glucose polymers	Whey and soy lecithin	Malabsorption; no essential fatty acids

MCT Oil is not manufactured by Abbott Laboratories.

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TO BEGIN ENTERAL FEEDS[†]

1. Consider dietitian consult to assess patient's nutritional and fluid needs and to facilitate selection of formula type and goal rate for tube feeding.
2. Assess for bowel sounds and abdominal distention.
3. Establish route of access.
4. For nasoenteric feedings, verify tube placement by x-ray after insertion and before formula or medications are initiated.
5. Select formula, strength, and rate. Goal rate is dependent on patient's nutritional needs. Specify rate to be given initially (usually 30 cc/hr) as well as the progression to goal rate (10–25 cc/hr).
6. Determine extra water to flush the tube and/or meet fluid requirements.

SUGGESTED MONITORING GUIDELINES[†]

1. Verify tube placement every 8–12 hr.
2. Check gastric residuals every 4 hr. Hold if >125 cc.
3. Elevate HOB 30°–45°.
4. Monitor for symptoms of aspiration, N/V, diarrhea, dehydration, bowel impaction, and ileus.
5. Monitor frequency and consistency of bowel movements.
6. Weigh now and one or more times weekly.
7. Electrolytes, glucose, BUN initially and as needed. Serum albumin recommended weekly.
8. Irrigate tubing with 30–50 cc of warm sterile water every 4 hr to ensure patency.
9. **Notify MD if:** gastric residuals >125 cc, abdominal distention, shortness of breath, nausea/vomiting, diarrhea, leakage of gastric secretions around insertion site, or confusion (especially in the elderly).

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ENTERAL NUTRITION FORMULARY

2004

The University of Texas Medical Branch Enteral Formulary

Product Name	Enlive!®	Ensure Plus®	Ensure® High Protein	TwoCal® HN	Jevity® 1.2 Cal	Osmolite®	Osmolite® 1 Cal	Glucerna® Select	Perative®	Optimal®	Respalor®	Suplena®	Vivonex® T.E.N. (reconstituted)
Nutrient Values Per	8.1 fl oz	8 fl oz	8 fl oz	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L	1 L
Cal/mL	1.25	1.5	0.95	2.0	1.2	1.06	1.06	1.0	1.3	1.0	1.5	2.0	1.0
Protein (g)	10	13	12.0	83.5	55.5	37.1	44.3	50.0	66.7	51.3	75	30.0	38
Carbohydrate (g)	65	50.1	30.8	218.5	171.5	151.1	143.9	95.7	180.3	138.7	146	255.2	210
Fat (g)	0	11.4	6.0	90.5	39.3	34.7	34.7	54.4	37.3	28.4	68	95.6	2.8
% Water	80	76	86	70	81	84	84	84	79	83	78	71	85.3
Osmolality (mOsm/kg H₂O)	840	680	NA	725	450	300	300	470	460	540	400	600	630
Sodium (mEq)	2.8	10.4	12.6	63.0	58.7	27.8	40.4	40.9	45.2	45.9	55	34.3	26
Potassium (mEq)	1.0	11.3	12.8	62.6	47.4	26.1	40.2	46.3	44.5	45.0	38	28.6	24
Calcium (mEq)	3.0	10.0	15.0	52.5	60.0	26.8	38	35.3	43.5	52.8	50	69.5	25
Phosphorus (mEq)	1.3	12.9	16.1	67.7	77.4	34.5	49.0	45.5	56.1	68.1	64.5	47.1	32
Nonprotein Cal/N Ratio	162.5:1	146:1	92:1	125:1	110:1	153:1	125:1	100:1	97:1	97:1	102:1	393:1	149:1
mL to meet 100% DVs*	NA	1185	NA	948	1000	1887	1321	1420	1155	1422	1000	947	2000
Features	High-calorie; fat-free; lactose- and gluten-free, low-residue, kosher	Low-cholesterol; lactose- and gluten-free, low-residue, kosher	Lactose- and gluten-free, low-residue, kosher	Contains FOS; lactose- and gluten-free, low-residue, kosher	Contains FOS; 22 g dietary fiber/L; lactose- and gluten-free, kosher	Lactose- and gluten-free, low-residue, kosher	Lactose- and gluten-free, low-residue, kosher	21.1 g dietary fiber/L; fat blend high in MUFAs; high protein; unique carbohydrate blend, FOS, and fiber to enhance glycemic control; lactose- and gluten-free, kosher	Contains FOS; contains arginine at 2.5% of total calories; lactose- and gluten-free, low-residue, kosher	Contains FOS; supplemented with arginine; lactose- and gluten-free, low-residue, kosher	Contains galactose and milk protein; lactose- and gluten-free, low-residue, kosher	Low protein; vitamin/mineral profile for renal patients not on dialysis; lactose- and gluten-free, low-residue, kosher	Standard dilution: 1 pkt in 250 mL water; lactose- and gluten-free, low-residue, kosher

*mL to meet 100% DVs for key vitamins and minerals.

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