



## UTMB Health

Pulmonary Function Lab – Galveston  
1005 Harborside Drive, 4<sup>th</sup> floor  
UTMB Health Clinics  
Galveston TX 77550 - 1183

Dear PATIENT NAME,

Your doctor has ordered a breathing test called “bronchoprovocation” which is scheduled for DATE at TIME. This test is performed to help diagnose the presence of asthma, bronchospasm, or tight airways in your lungs. In order for the test to be accurate, there are certain medications that will need to be held prior to this test. If you feel you are unable to SAFELY hold these medications for the required length of time, please contact us at 409-772-2439 so we can discuss other options with your doctor. Please follow the directions below.

- Avoid exercise or doing heavy work 2 hours before your appointment.
- Do not smoke for 6 hours before your appointment.
- Do not drink coffee, cold drinks, or eat chocolate 6 hours before your appointment.

The following is a list of medications we have on record from your chart. If you are taking medications that are not listed here, please call us at 409-772-2249 so we may discuss those medications. Please follow the instructions listed next to each medication.

MEDS LIST: Our pulmonologist has recommended to withhold the following medications:

<u>Medication</u>	<u>Hold Time</u>
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If you are unable to keep this appointment or have questions about this test, please call us at 409-772-2439.

Sincerely,

*Pulmonary Function Lab - Galveston*