



- Outline
- Objectives
- Project #1
- Project #2
- Faculty
- Textbook
- Evaluation
- Grading
- Bonus
- Attendance

- Hospital Assess
- MMSE
- BQOL
- GDS
- GAS
- NMSE
- Doc Example
- MAST
- Type D

## Type D



*Jeff Baker, Ph.D. - Chief Psychologist - Anesthesiology Pain Clinic*

### Type D - Affect Rating for Adjustment, Rehabilitation & Pain Control

Read each statement and select the appropriate number that generally fits a personal style. There are no right or wrong answers: Initial personal impression is the only thing that matters.

Examiner Last Name:  Examiner First Name:  Examiner Email Address:

Patient:  Exam Site:  Ethnicity:  Gender:  Age:

Date Administered:

I. Questions -					
Select or Record the Patient's Answers	False	Less False	Neutral	Less True	True
1. I make contact easily when I meet people	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	<input type="radio"/> 0
2. I often make a fuss about unimportant things	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
3. I often talk to strangers	<input type="radio"/> 4	<input type="radio"/> 3	<input type="radio"/> 2	<input type="radio"/> 1	<input type="radio"/> 0
4. I often feel unhappy	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
5. I am often irritated	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
6. I often feel inhibited in social interactions	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
7. I take a gloomy view of things	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
8. I find it hard to start a conversation	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
9. I am often in a bad mood	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
10. I am a closed kind of person	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
11. I would rather keep people at a distance	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
12. I often find myself worrying about something	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
13. I am often down in the dumps	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4
14. When socializing, I don't find the right things to talk about	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4

## Add Your Answers

Negative Affectivity:

Add scores for questions 2, 4, 5, 7, 9, 12 and 13

Total Negative:

Social Inhibition:

Add scores for questions 1, 3, 6, 8, 10, 11, and 14

Social

Inhibition:

## SCORE THE RESULTS

**You qualify as a TYPE D personality if your Negative Affectivity is 10 or higher and your Social Inhibition is 10 or higher**

The social and emotional problems associated with Type D personality can increase your chances of chronic disease and possibly poor adaptation to Chronic Pain.

Submit

Reset

SOURCE: Adapted from "DS14: Standard Assessment of NEGATIVE AFFECTIVITY, SOCIAL INHIBITION AND TYPE D PERSONALITY by Johann Denollet, Ph.D., Psychosomatic Medicine, 2005. For more information go to: LWW.COM



Back



Home



Up