

# Integrated Curriculum Evaluation Exercise

## Approach to Written Note Skills

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# Written Notes: General Principles

## ➤ Be organized

### **Pertinent Positives:**

Include relevant details  
Example: for CAD +CP on exertion

### **Pertinent Negatives:**

Know what to include  
Example: for CAD -neg tobacco use

## ➤ Be logical and accurate

- Conclusions need support from data collected
- Document only what was asked/performed

# History of Present Illness (Chest Pain)

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- Appropriate
  - Location, duration, intensity, quality, context, timing
- Inappropriate
  - Lack of detail

# History of Present Illness (Chest Pain)

Mr. Jones is a 56-year-old man with a 3-day history of intermittent chest pain.

- Substernal without radiation ← **Location**
- Squeezing; episodes last 3-5 min ← **Quality/duration**
- Occurs only with brisk walking/climbing ← **Context**
- Severity 8 (Makes him stop activity) ← **Severity**
- Resolves promptly with rest ← **Relief**
- No palpitations, N/V, diaphoresis ← **Associated Symptoms**

# Past Medical History (Chest Pain)

- Appropriate PMH
  - Hypertension x 20 years
  - No history of hyperlipidemia or diabetes
- Inappropriate PMH
  - Hypertension (not specific enough)
  - PMH unremarkable except for HTN

# Family Medical History (Chest Pain)

- Appropriate
  - No FH of premature ASCVD
  - No FH of CAD
- Inappropriate
  - FH benign(too general)

# Social History (Chest Pain)

- Appropriate
  - No history of tobacco use
  - Smokes 2 ppd x 15 years...
  - Usually walks 2-3 miles daily...
- Inappropriate
  - Negative
  - Smoked for 10 years

# Review of Symptoms (Chest Pain)

- Appropriate
  - No previous CP or SOB; no symptoms of cerebral ischemia or claudication...
- Inappropriate
  - Non-contributory...
  - Unremarkable...
  - No diarrhea, constipation or joint pain(not pertinent to the organ system involved)



# ICEE Written Notes: PE

- **Be complete in what you do**
  - Heart exam: palpation, auscultation
  - Abd exam; auscultation, palpation, percussion
- **Specify the exams you performed**
  - Inappropriate: HEENT normal; Neuro exam normal
  - Appropriate: oral pharynx- no erythema, w/o masses
  - Appropriate: DTRs normal and symmetrical in UE/LE
- **Provide specific findings**
  - For liver disease: liver span; was spleen palpable?

# Physical Exam

- Appropriate
  - PMI @ 5<sup>th</sup> ICS/MCL, S<sub>1</sub> S<sub>2</sub> nl w/o m,g,
  - Lungs clear, percussion normal
  - Carotids strong, no bruit, Femoral pulses ↓,  
No edema of LE
  - Fundi: Vessel diameter normal
- Inappropriate
  - S<sub>1</sub> S<sub>2</sub> normal
  - LE normal

# ICEE Written Notes General Principles

- Words to avoid
  - Negative
  - Benign
  - non-contributory
  - Unremarkable
  - essentially normal

# Diagnoses

- Appropriate
  - Chest pain due to myocardial ischemia.
  - Angina Pectoris
  - ASCVD manifesting as CAD
  - CAD

# Diagnostic Plan

## ➤ Appropriate

- Electrocardiogram
- Exercise stress test
- Coronary catheterization/arteriogram

## ➤ Inappropriate

- MRI of heart (not indicated)
- Calcium channel blockers (therapeutic)
- By-pass surgery (would depend on initial tests)

# Questions about the ICEE



Refer to the ICEE website or contact

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