Integrated Curriculum Evaluation Exercise

Approach to Professionalism Skills

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Professionalism Skills

- Introduction to the patient
- Language and communication
- Attention to the patient's comfort
- An empathic, nonjudgmental approach
- Acknowledging patient discomfort/concerns
- Allowing the patient to ask questions
- Closing the encounter
- Your personal appearance



Greet the patient by his/her last name

Appropriate

- o Greet the patient by his/her name.
- o "Hello, Mr. Jones....."

Inappropriate

- o "Hello, Jack"
- o "How's it going?"
- \circ Omitting the greeting entirely.



Introduce yourself by your last name

- Appropriate
 - My name is Jack Jones. I'm a 4th year medical student.
- Inappropriate
 - o l'm Jack....
 - I'm going to examine you today....



Introduce yourself by title

- Appropriate
 - o I'm a fourth-year medical student.
- Inappropriate
 - oI'm Dr. Smith...
 - oI'm student Dr. Smith....
 - o Omitting your title/level of training.



Indicate the purpose of the encounter

Appropriate

 "I'm working with the doctors here and I'd like to speak with you (examine you) about your problems today. Is that alright?"

Inappropriate

o "How's it going?"



Use language appropriate for the patient

Appropriate

 The pain is sometimes called angina pectoris.
 The pain occurs when your heart is not getting enough oxygen.

Inappropriate- avoid technical terms w/o explanation

- You most likely have angina.
- Your problem is myocardial ischemia.



Use Clear Speech That is Easy to Understand

Appropriate

 Patient should not have to ask you to clarify or to repeat yourself

- Inappropriate
 - o Voice too low in volume for patient
 o Grammar or pronunciation confusing



Anticipate Physical and Emotional Comfort

Appropriate

 I realize these questions may seem personal
 I want you to tell me if something I do during your physical exam is painful.

Inappropriate

Not washing hands before physical exam
 Not draping patient appropriately



Acknowledge Patient Concerns

Appropriate

 $_{\odot}$ I realize these problems can cause a lot of stress...

Inappropriate

Ignoring the patient concerns

- Patient says "I don't know how I am going to deal with this..." Student continues data gathering.

 $_{\odot}$ Dismissing the patient's concerns



Ask questions in a nonjudgmental manner

Appropriate

- o Why have you chosen to follow a vegetarian diet?
- Do you drink alcoholic beverages?
- o Do you smoke?

Inappropriate

- Have you made any other unusual lifestyle changes?
- Eliminating meat is going to create some problems for you.
- \circ Are you a drinker/smoker?



Allow Patients to Ask Questions

Appropriate

 Do you have any questions (concerns) about anything we have covered?

✤ Inappropriate

Those are my recommendations, ok?
You don't have any questions, do you?



Closing the encounter

Appropriate

- Provide realistic diagnosis and plan.
 Give advice as precisely as your judgment allows.
- Inappropriate
 - \circ Leaving the room before saying goodbye
 - Deflecting all questions to the supervising physician



Personal appearance; clean and professional

Appropriate

 Clean white coat in good condition; hair combed; hands clean

Inappropriate

- o Artificial nails, dirt under fingernails
- Personal/political slogans
- Torn, wrinkled or badly stained coat



Questions about the ICEE



Please review the ICEE orientation content or contact Anita C. Mercado, MD <u>acmercad@utmb.edu</u>

