Message from the Chair

Bully Yourself

"Bullying is always about power...projecting more than you have in order to accrue more than your share"

- Charles M. Blow

Bullying has recently captured the public's attention. Although this awareness has been escalating for several years, the recent reprehensible action of several middle school students who relentlessly harassed and disrespected an elderly school bus monitor has caused many to become outraged. While astonished, some people even wonder if basic human civility is vanishing from our culture. In so many ways, it already has.

The majority of us vehemently condemn this insidious collapse in fundamental human behavior; however, inadvertently, we have come to expect this type of misconduct across all sectors of our society. Taunting dominates nearly all of our sporting activities. Conventional business practices seem to repeatedly demonstrate a callous disregard for competitors. So many aspects of our financial system essentially promote the exploitation of the weak. Politicians routinely expend more effort discrediting their opponents and less time expounding upon their own convictions. In their efforts to win, succeed, or to just get their way, I feel most people elect to bully others not because they honestly believe its right, but simply because they can.

In healthcare, although we usually hold ourselves to a higher standard, our actions can often suggest otherwise. During my early years in medicine it was commonplace for physicians to disrespect the nursing or clerical staff, faculty to terrorize residents, senior trainees to hound their junior counterparts, medical providers to intimidate patients, or even patients to occasionally torment their medical providers. Three decades later, despite policies which prohibit and public attitudes that denounce this type of conduct, I continue to encounter individuals within our midst who display this same despicable behavior. We can, and should, do better.

It seems to me that bullies are cowards who find it easier to confront others as opposed to confronting themselves. Frankly, the only person anyone should truly want to bully is themselves. If the intent is to wield power over someone, who better to try to exert control over than yourself? Imagine a world in which more people were willing to honestly face up to their weaknesses, sincerely confront their fears, openly admit when they need help, earnestly share in the success of others, or just simply accept that while everyone wants to be revered, no one really wishes to be vilified.


Bold - Full-time Faculty/Resident
Italics - Voluntary and Former Faculty/Resident
Presentations


Lindsey, RW. “Modern Perspective on the Epidemiology and Patterns of Musculoskeletal Motorcycle Injuries in the USA.” Association of Bone and Joint Surgeons 64th Annual Meeting, Charleston, SC. May 2-6, 2012.


Texas Orthopaedic Association Annual Meeting

The annual meeting of the Texas Orthopedic Association was held on April 12-14, 2012, at the Houstonian Hotel, Club & Spa. A number of faculty and residents from the DOSR were in attendance. Many were active program participants as listed below:

**Thu-Ba LeBa, MD**, “Diagnostic Effectiveness of Ultrasound Examination in Patients with Risk Factors for Developmental Dysplasia of the Hip.” *Awarded: 2nd Place in the resident research competition.*


**Steven J. Overturf, MD**, “Locking Screw Configuration and its Relation to Interfragmentary Motion.”


**Ronald W. Lindsey, MD**, “BMP, to Use, or Not to Use - That is the Question.”

In this year’s Quiz Bowl, the annual orthopedic knowledge competition between all of the Texas orthopedic surgery resident training programs, the UTMB DOSR was well represented by Drs. Steven Overturf and Jonathan Capelle, who placed second *(at right in pictured).*

New Galveston Orthopaedic Clinic Location

In May, UTMB re-opened the Primary Care Pavilion on Harbourside Drive with newly renovated space that is inhabited by many of our clinical services. The Orthopaedic Surgery clinic has moved to this new facility from its previous University Health Clinics location adjacent to John Sealy Hospital. You can find out more about the Primary Care Pavilion on the UTMB website.
April 27, 2012, eight residents represented DOSR and UTMB at the OREF/ORS Central Texas Resident Research Symposium, in Galveston, TX. The event was co-hosted by Ronald W. Lindsey, MD and Zbigniew Gugala, MD/PhD. The Keynote Speaker for the day was Robert W. Bucholz, MD, Professor and Endowed Chair of Dallas Rehabilitation Institute, Distinguished in Orthopaedic Rehabilitation, UT Southwestern Medical Center, spoke on the history of total knee arthroplasty. Awards were given for the top three scientific presentations as determined by a panel of guest judges:

1st Place: Cyrus Caroom, MD, Scott & White Hospital. “Intrawound Vancomycin Powder Reduces Surgical Site Infection Rate in Posterior Cervical Fusion.”

2nd Place: Benjamin Zellner, MD, Baylor College of Medicine, “Hypovitaminosis D in a Diverse, Urban Trauma Population.”


DOSR Resident Presentations:

Danielle Casagrande, MD, “Proximal Humeral Bone Loss Occurring with Press-Fit Humeral Stem: A Prospective Study with Minimum Four-Year Follow-up.”

Justin Chronister, MD, “A Biomechanical Comparison of Two Hybrid Reconstruction Techniques for Ulnar Collateral Ligament Insufficiency of the Elbow.”

Omkar Dave, MD, “Number of Surgical Procedures Needed for Eradication of Infection in Septic Arthritis of the Knee.”

Keith Ellison, MD, “Joint Motion Analysis in Baseball Catchers and Risk for Meniscal Injury.”

Steven Overturf, MD, “The Biomechanical Effects of Increasing Unicortical Screw Length on Locking Plate Stability.”


Benjamin Turnbow, MD, “Three-Dimensional Computed Tomography (3DCT)-Based Modeling of Cadaveric Sagittal Femoral Bowing and Implications for Intramedullary Nailing.”

Daniel Weglein, MD, “Allograft Reconstruction of the Lisfranc Ligament.”

Judges:

Melvyn A. Harrington, MD
Baylor Clinic Orthopedic Group

Jack H. Henry, MD
Texas Tech Physical Orthopaedics Surgery Clinic

Stephen J. Incavo, MD
Methodist Center Orthopedic Surgery

Gordon L. Klein, MD
University of Texas Medical Branch Hospitals

Adam J. Starr, MD
UT Southwestern Medical Center
The annual Eggers forum provides an opportunity for residents, faculty, and alumni to present their original research and discuss some of the controversial or challenging topics encountered in clinical orthopedic practice. Following Hurricane Ike, the Eggers meeting was combined with the annual DOSR graduation ceremonies for PGY5 residents. This year, Eggers was recommenced as a dedicated event on May 17-19, and the program co-chaired by Stanley Allen, MD and Ronald W. Lindsey, MD. The Keynote Speaker and Distinguished Guest Lecturer, Marc Philippon, MD, Steadman Clinic, the Steadman Philippon Research Institute, Vail, CO, presented the first evening’s lecture titled “Femoroacetabular Impingement: Overview and Indications for Treatment.”

Alumni

The spirit of the G.W.N. Eggers Lectureship is one that provides an opportunity for DOSR alumni to re-connect with current faculty and residents, UTMB, and Galveston. This year, we were ecstatic that so many of our alumni were willing to share their time and expertise with us. The alumni participants in the scientific program were:

Mark Scarborough, MD, Professor and Chairman, University of Florida, Gainesville, FL, “Treatment of Tumors Metastatic to Bone.”


Stefan Kreuzer, MD, Memorial Bone & Joint Clinic, Houston, TX, “Changes in Surgical Approach. The Direct Anterior Approach for Total Hip Replacement: What We Have Learned.”

David Merriman, MD, Mercy Hospital, Springfield, MO, “Evaluation and Treatment of Mid-Clavicular Fractures.”

Jason Calhoun, MD, Professor and Chairman, Ohio State University Medical School, Columbus, OH, “Preoperative Risk Stratification and Reduction for Elective Total Hip and Knee Arthroplasty.”

Anil Dutta, MD, Assistant Professor, University of Texas Health Science Center, San Antonio, TX, “Post Traumatic Elbow Reconstruction.”

Albert Cuellar, MD, KSF Orthopaedic Center, Houston, TX, “The Economic Conundrum of Private Practice Orthopaedic Surgery.”

Sonya Ahmed, MD, Assistant Professor, University of Texas Medical School, Houston, TX, “Total Ankle Arthroplasty.”

Michael Grecola, MD, Associate Professor, University of Texas Medical School, Houston, TX, “Hip Resurfacing Update.”

Celebrating the Life of E. Burke Evans, MD

Friday, May 18, 2012, UTMB celebrated in memoriam the life of Dr. Evans, longtime physician, faculty member, Galvestonian, artist, philanthropist, and friend to so many, on the steps of Old Red Plaza. Special celebratory remarks were given by:

Dr. Ronald Lindsey, Moderator and Chair, Department of Orthopaedic Surgery and Rehabilitation, UTMB
Dr. David Callender, President, UTMB
Dr. Betty Protas, Vice President and Dean, School of Allied Health Professions
Dr. Jason Calhoun, Alum and Former Chair, Department of Orthopaedic Surgery
Dr. Courtney Townsend, Chair, Department of Surgery
Dr. Eric Avery, Clinical Assoc Professor, Psychiatry and Behavioral Science
Dr. David Herndon, Chief of Staff, Shiners Burns Hospital
Mr. John Herndon, Grand-nephew of Dr. Evans
PGY5 Resident Presentations


Benjamin Turnbow, MD, “Three-Dimensional Computed Tomography (3DCT)-Based Modeling of Cadaveric Sagittal Femoral Bowing and Implications for Intramedullary Nailing.”

Daniel Weglein, MD, “Allograft Reconstruction of the Lisfranc Ligament.”

Drs. Chronister, Shani, Conner and Philippon

Drs. Stasikelis and Scarborough

Drs. Buford and Cox

Dr. Charles Morley (left)

Drs. Lindsey, Philippon, and Calhoun

Drs. Kreuger and Valastro

Drs. Stasikelis, Cuellar, Scarborough, and Calhoun

Dr. Albert Cuellar (center)
On Saturday, June 9, UTMB hosted its second annual sports screening event which provided school sports and athletic activity screening physical examinations for area youngsters. Hosted at the Specialty Care Center at Victory Lakes, a multitude of students were screened by medical volunteers from Cardiology, Family Medicine, Neurology, Ophthalmology, Orthopaedics, Otolaryngology, Pediatrics, Physical Therapy, and the Community Based Clinics (Adult Medicine and Pediatrics). Together with UTMB nurses and staff, a total of 378 volunteer hours were logged as part of this outreach and awareness effort.

While sports pre-participation examinations are not a substitute for the routine health care provided by a personal physician, the station-based approach used by UTMB at the event allowed students and their parents to move through quickly the general screening process, with a variety medical specialists available to address or advise on any special health conditions that were noted.

This year's successful effort was orchestrated by Bonnie Benkula, Associate Vice President of Ambulatory Operations and Health Systems Service Lines, and Dr. Ronald Lindsey, Chair of Orthopaedic Surgery and Rehabilitation (pictured above).
The Medical Student Summer Research Program (MSSRP), a 7-week elective rotation at the end of the first year, provides an opportunity for students to work in a research setting on a their own project. At the completion of the program, students present their projects at a scientific poster competition on the UTMB campus. This year, six 1st year medical students worked with DOSR mentors on research projects that were presented at the MSSRP forum on June 27, 2012. The Keynote Address, “The Merits of Research during Medical Training,” was delivered by Ronald W. Lindsey MD. Congratulations to the winners in each category and to all who participated, we hope their interest in research continues.

David Bowen, MS1, “Spiral CT as a Method for Analyzing the Effects of BMP on Bone Growth in Fractured Rat Femurs.” Mentors: William Buford Jr., PhD, PE, Zbigniew Gugala MD.

Mathew De La Cruz, MS1, “Evaluation of Pain Scores in Children with Cerebral Palsy before and after SPML Surgery.” Mentor: David Yngve, MD.

Chris Eisenhauer, MS1, “Topology Study of the Anatomical Joint Surfaces of the Male and Female Sacroiliac Joint.” Mentor: William L. Buford, Jr., PhD, PE.


Jill McAngus, MS1, “Diagnostic Procedures Increase Time to Definitive Surgical Management of Hip Fracture.” Mentor: William L. Buford, Jr., PhD, PE, Co-Authors: Randal Morris, BS, Ronald W. Lindsey, MD, Fred L. Speck, MD.

On Friday, June 29, 2012, the Department of Orthopaedic Surgery and Rehabilitation held its resident graduation ceremonies at the Moody Gardens Hotel in Galveston. Distinguished Guest Lecturer Robert D’Ambrosia, MD, Professor and Chair, Department of Orthopedic Surgery, Colorado University and Past President of the American Academy of Orthopaedic Surgery, delivered a lecture entitled “Orthopedics: Roots, Limbs, and Future.

**Graduating Residents:**

**Benjamin Turnbow, MD** - Trauma Fellowship, The University of Texas, Orthopaedic Trauma Service, Houston, TX.

**Raj Shani, MD** - Sports Medicine Fellowship, Emory University Orthopaedics Sports Medicine, Atlanta, GA.

**Brian Kanz, MD** - Private Practice, Christus Santa Rosa Medical Group, San Antonio, TX.

**Thu-Ba LeBa, MD** - Pediatric Fellowship, Shriners Hospital for Children, Northern Calif., Sacramento, CA.

**Daniel Weglein, MD** - Trauma Fellowship, Baylor Univ. Medical Center Dept. of Orthopaedics, Dallas, TX.

**Resident Awards:**

OITE Highest Raw Score and OITE Master Awards: Thu-ba LeBa, MD.  
(Excellence on the annual orthopaedic resident training exam)

Robert K. and Marie B. Hutchings Award: Brian Kanz, MD.  
(Academic Excellence)

Open Growth Plate Award: Thu-Ba LeBa, MD.  
(Excellence in Pediatric Orthopaedics)

Golden Bone Awards: Steven Overturf, MD, Brandon Perez, MD, and Daniel Torres, MD.  
(Excellence in Orthopaedic Teaching and Education)

Research Award: Thu-Ba LeBa, MD.  
(Excellence in Orthopaedic Research)

Outstanding Overall Resident Award: Brian Kanz, MD.

DOSR Weekly Conference Attendance Award: Keith Ellison, MD.

DOSR Weekly Reading Program Examination Excellence Award: Benjamin Turnbow, MD.
**Awards and Accolades**

Vinod K. Panchbhavi, Professor and Chief of Foot and Ankle Surgery, has started his work as the Editor-in-Chief of *Techniques in Foot & Ankle Surgery*, beginning with presiding over the development and publication of the journal’s June issue. As part of many, varied duties, the Editor-in-Chief writes an editorial for every issue. The appointment further enhances Dr. Panchbhavi's role as an international authority in his subspecialty. TFAS, a quarterly, premier journal in the field, features contributions from the world's foremost orthopedic surgeons and podiatrists. Providing step-by-step details on operative techniques, it includes the rationale, indications, contraindications, pitfalls, and potential complications of each procedure. The journal encompasses the full range of foot and ankle surgical problems, and strives to bridge the gap between the clinician and the innovator.

Congratulations to Dr. Stanley Allen for his selection by Castle Connolly Medical Ltd., as one of the region’s Top Doctors. Each year, Castle Connolly surveys thousands of physicians and other healthcare professionals and asks them to identify excellent doctors in every specialty in their region and throughout the nation.

Dr. Kelly D. Carmichael, Dr. Glenn C. Landon (Voluntary Faculty, Kelsey-Seybold Clinic, Houston), Dr. Ronald W. Lindsey and Dr. David A. Yngve were selected as 2011-12 Best Doctors in America®. The Best Doctors in America list represents the top 5% of physicians in the United States and is the result of the largest continuous independent survey of the medical profession, spanning two decades.

Congratulations to Dr. Ronald W. Lindsey for being named in Who’s Who in America for 2012.
Grand Rounds

Distinguished Guest Lectureship Series at Victory Lakes

On June 12th, 2012, Bonnie Simpson Mason, MD, founder and Executive Director of Nth Dimensions Educational Solutions, Inc., gave a Grand Rounds presentation entitled “Beyond the Exam Room,” which focused on promoting the professional development of aspiring physicians.

“Nth Dimensions Education Solutions is an educational non-profit organization whose goal is to provide the resources, expertise and experience through developmental programming, scholarships and grants to the aforementioned students enrolled in accredited U.S. medical schools.” - www.nthdimensions.org

The DOSR hopes to incorporate Nth Dimensions’ novel ideas and interactive training sessions into the orthopaedic resident didactic program.

Operation Rainbow

On April 14th-20th, Kelly Carmichael, MD and Thu-Ba LeBa, MD, travelled to Pasaje, Ecuador as part of a mission by the non-profit organization Operation Rainbow to provide orthopaedic care to indigent children and young adults in developing countries. The volunteer team evaluated a multitude of patients in clinic, and performed over 50 specialized surgical procedures over an eight-day period.

Voluntary Faculty

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<tr>
<th>Oladapo A. Alade, MD</th>
<th>Tyler Goldberg, MD</th>
<th>Adrian LeBlanc, PhD</th>
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<td>Charlotte B. Alexander, MD</td>
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<td>James Bennett, MD</td>
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<td>John A. Hipp, PhD</td>
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<td>Robert Josey III, MD</td>
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<td>David Randall, MD</td>
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<td>Gary Gartsman, MD</td>
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More to come in the next issue of the DOSR Newsletter...

To view previous issues of the DOSR newsletter, please visit: http://www.utmb.edu/ortho/newsletter/