Message from the Chair

Think Fast, Move Faster

“Where we haven’t transformed rapidly enough, we struggled”

Virginia Rometty, CEO IBM

UTMB is clearly in the midst of a major transformation. From our clinical enterprise, research endeavors, educational missions, to the administration…every sector of the institution seems to be under scrutiny and/or subjected to restructuring. These reforms, although often agonizing, are welcomed if they truly position us to be successful as we go forward. My concern, however, isn’t our ability to change, but our inability, historically, to expedite this process. These concerns are in no way triggered by any specific incident, initiative, or segment of our system. Although UTMB has steadily evolved over the last decade, this evolution has been, at best, measured. It’s just our nature.

However, I also earnestly believe that everyone fully understands the urgency of the challenges we confront. Gone are the days where we can spend funds that we don’t have, and then hope to be subsidized by an outside source. As members of an industry that consumes almost 20% of America’s gross national product (GNP), one can safely assume that any past enthusiasm for expanding academic medical facility subsidies has waned. Frankly, we have to be willing and able to work in a manner that will permit us to take care of ourselves.

So often it seems that it takes an inordinate amount of time for us to finally determine what to do, and even longer to actually do it. We struggle with putting together perfect or fair solutions, while windows of opportunity open and close. We are usually more sensitive to individual group/department/service self-interests than we are committed to what will provide the fastest substantial return on investment. We often encourage caution for fear of failure more than we promote action for fear of indecision.

As opposed to our honorable quest for a “perfect” UTMB plan, I favor something more basic. To ensure our timely success, everyone (individuals, groups, and the institution) should declare what they can do right now to “move the needle”…and do it. We may stumble, or maybe even fail at times; but we will do so being proactive and can modify our efforts accordingly. Conversely, and perhaps most importantly, anything (or anyone) perceived to impede these new initiative standards should be quickly identified and promptly addressed.

Our major transformations may be conceived at the top, but they can only be realized by the individuals and programs responsible for implementing them. Theodore Roosevelt, when facing a plethora of potentially catastrophic military obstacles, once defiantly urged his troops to “do what you can, where you are, with what you have”, and his emphasis was on “do”. This deed-oriented strategy has exemplified the foundation of the DOSR’s simple operating approach over the past six years, and it has served us well. Whenever one delays action in deference to deciding the best thing to do, it should be acknowledged that to not act is also a decision.

Honors, Awards and Accolades

William L. Buford, Jr., PhD, PE was presented with a Distinguished Service Award at the DOSR Resident Graduation on June 28, 2013. The award is in recognition of his 22 years of outstanding contributions to orthopaedic surgery, research and education at UTMB.

Former DOSR Administrator Josanne Smathers (right, center) was the recipient of the Inaugural E. Burke Evans Award, presented at the annual G.W.N. Eggers Lectureship held May 16-18, 2013. This award will be given every year to the individual who has inspired in others a devotion to the spirit that characterized our beloved Dr. Evans.
Publications


Of special note…

Gordon Klein, MD, has been appointed to the seven-member Education Committee of the American Society for Bone and Mineral Research (ASBMR). Dr. Klein is also a member of the DOSR Research Committee.
**Presentations**

*Klein GL.* “Glucocorticoid-Induced Osteoporosis: Another View.” Presented at Ajou University Medical Center, Suwon, Republic of Korea (South Korea), May 24, 2013.


*Panchbhavi VK.* “Help, There Is a “Charcot” Attack!” Endocrinology Grand Rounds, Division of Endocrinology Department of Internal Medicine, University of Texas Medical Branch, May 2, 2013.

**Grand Rounds**

**Distinguished Guest Lectureship Series at Victory Lakes**

On April 30, 2013, **Roger Hill Emerson, Jr., MD**, Texas Center for Joint Replacement, Plano, TX, a past Aufranc Fellow in Reconstructive Orthopaedic Surgery at Tufts University, Medford, MA, presented a lecture entitled “Unicompartmental Knee Arthroplasty.”

On May 21, 2013, **Howard R. Epps, MD**, Medical Director, Pediatric Orthopedic Surgery, Texas Children’s Hospital, Associate Professor, Pediatric Orthopedic Surgery, Baylor College of Medicine, Houston, TX, presented a lecture entitled “Pediatric Musculoskeletal Update.”

**Alumni News**

In May, 2013, **Sonya Ahmed, MD, ’08** joined the UC San Diego Health System as Chief of the Foot and Ankle Division, and Assistant Professor of Orthopedic Surgery.
The Annual G.W.N. Eggers Lectureship provides an opportunity for residents, faculty, and alumni to present their original research and discuss many of the controversial or challenging issues confronting current clinical orthopedic practice. This year’s meeting was held on May 16-18 at the Galveston Island Convention Center, and chaired by Ronald W. Lindsey, MD.

The Keynote Speaker and Distinguished Guest Lecturer, Robert A. Teitge, MD, Professor of Orthopaedics, Co-Director of Orthopaedic Research, Wayne State University School of Medicine, presented a keynote lecture entitled “Leg Alignment: Does Limb Torsion Matter?” Dr. Tietge also lectured in the scientific program on “Unraveling the Mystery of Anterior Knee Pain: Instability to Arthritis.”

Scientific Program

The spirit of the G.W.N. Eggers Lectureship is one that provides an opportunity for DOSR alumni to re-connect with current faculty and residents, UTMB, and Galveston. The alumni and guest participants in the scientific program were:

Charlotte Alexander, MD, Clinical Associate Professor, University of Texas Medical Branch, Galveston, TX, “Patient Safety.”

Robert Blais, MD, South Austin Orthopaedic Clinic, PA, Austin, TX, “Reverse Shoulder Arthroplasty.”

Jose Cobos, MD, Ortho Care, Harlingen, TX, “Decrease in Blood Transfusion Rate in Primary Total Knee Replacement Surgery with the use of Platelet Rich Plasma” and “Pain Management in the Early Postoperative Period of Primary Total Knee and Hip Arthroplasty.”

Abdul Foad, MD, Quality Care Clinic, Clinton, IA, “The sensitivity of MRI/MRA in the Detection of Subscapularis Tendon Injuries.”

Sean Gallagher, MD, All Star Orthopedics of Austin, Austin, TX, “Notes from a Recent Program Graduate.”

Omer Ilahi, MD, Texas Arthroscopy and Sports Medicine Institute, Baytown, TX. “Current Controversies in ACL Reconstruction Surgery.”

Andrew Kant, MD, KSF Orthopaedic Center, PA, Houston, TX, “My First Employment Contract.”


Charles Reitman, MD, Professor of Orthopaedic Surgery, Baylor College of Medicine, Houston, TX, “Understanding Sagittal Balance in Spinal Reconstruction.”

Milton Routt, MD, Professor of Orthopedics and Sport Medicine, University of Washington, Seattle, WA, “Urgent Hip Surgery-Trauma.”
PGY5 Resident Presentations

Jonathan Capelle, MD, “Does the Finding of Fluid in the Biceps Sheath by Ultrasound Help Distinguish Primary Adhesive Capsulitis From Other Common Shoulder Diagnoses?” Faculty Mentor: Hussein Elkousy, MD.

Danielle Casagrande, MD, “The Effect of Ulnar Variance on Distal Radius Bone Density and Failure Load.” Faculty Mentor: William L. Buford, Jr., PhD, PE.

Justin Chronister, MD, “A Biomechanical Comparison of Two Hybrid Reconstruction Techniques for Ulnar Collateral Ligament Insufficiency of the Elbow.” Awarded: The Lockhart Award for Best Resident Research Presentation. Faculty Mentor: J. Michael Bennett, MD.

Keith Ellison, MD, “Evaluation of Hand injuries in Retired Baseball Players.” Faculty Mentors: Ronald W. Lindsey, MD and Zbigniew Gugala, MD, PhD.

Steven Overturf, MD, “The Biomechanical Effects of Increasing Unicortical Screw Length on Locking Plate Stability.” Faculty Mentor: Ronald W. Lindsey, MD.

Special Guest speaker Susan Henricks, Hull Hendricks LLP, Austin, TX, gave a luncheon lecture entitled “Scope of Practice: How Can They Do That?” that reviewed the foot and ankle conflicts between podiatry and orthopaedics.
2013 Resident Graduation

On Friday, June 28, 2013, the Department of Orthopaedic Surgery and Rehabilitation held its resident graduation ceremonies at the Galveston Island Convention Center.

Graduating Residents:

Jonathan Capelle, MD - Sports Medicine Fellowship, Mississippi Sports Medicine & Orthopaedic Center, Jackson, MS.

Danielle Casagrande, MD - Shoulder and Elbow Fellowship, St. Francis Orthopaedic Institute, Columbus, GA.

Justin Chronister, MD - Sports Medicine Fellowship, American Sports Institute, Birmingham, AL.

Keith Ellison, MD - Private Practice, Waco, TX.

Steven Overturf, MD - Private Practice, Nacogdoches, TX.

Resident Awards:

Robert K. and Marie B. Hutchings Award (Academic Excellence):
Jonathan Capelle, MD.

Open Growth Plate Award (Excellence in Pediatric Orthopaedics):
Justin Chronister, MD.

UTMB Outstanding Resident Award Nominee:
Steven Overturf, MD.

OITE Highest Raw Score and OITE Master Awards (Excellence on the annual Orthopaedic In-Training Exam):
Steven Overturf, MD.

Golden Bone Awards (Excellence in Orthopaedic Teaching and Education):
Hilda Kriel, MD, Steven Overturf, MD, Aaron Schrayer, MD.

Excellence in Orthopaedic Research Awards:
Danielle Casagrande, MD, Justin Chronister, MD, Keith Ellison, MD.

DOSR Weekly Conference Attendance Award:
Omkar Dave, MD.

DOSR Weekly Reading Program Examination Award:
Omkar Dave, MD.

The Distinguished Guest Lecturer, Robert H. Cofield, MD, past chair of Orthopaedic Surgery at the Mayo Clinic, retired, and world renowned shoulder surgeon gave a lecture entitled “The Unending Result: Recalling Dr. E. A. Codman.”
Operation Rainbow

In March, 2014, Kelly Carmichael, MD and Justin Chronister, MD visited San Pedro de Macorís, Dominican Republic as part of a mission by the non-profit organization Operation Rainbow to help provide orthopaedic care to indigent children and young adults in developing countries. The volunteer team evaluated over 300 patients in clinic, and performed 55 specialized surgical procedures over a four-day period.

Medical Student Summer Research Program (MSSRP)

The Medical Student Summer Research Program (MSSRP), a 7-week elective rotation at the end of the first year, provides an opportunity for students to work in a research setting on their own project. At the completion of the program, students present their projects at a scientific poster competition on the UTMB campus. This year, five 1st year medical students worked with DOSR mentors on research projects that were presented at the MSSRP forum on June 26, 2013.

Laurie Jansky, MS1, “Total Knee and Hip Arthroplasty for Osteoarthritis in Patients with Non-Insulin Dependent Diabetes Mellitus.” Mentor: Zbigniew Gugala, MD, PhD.

Kenneth O. Kenneth-Nwosa, Jr., MS1, “Three-Dimensional Strain Analysis of the Forearm Interosseous Membrane through Supination and Pronation.” Mentor: William L. Buford, Jr., PhD, PE.


Kyle Meinhardt, MS1, “Osteology of the Pelvis Using Quantitative Computed Tomography.” Mentor: William L. Buford, Jr., PhD, PE.

Adam Nedella, MS1, “Osteology of the Patella using Quantitative Computed Tomography Reconstruction.” Mentor: William L. Buford, Jr., PhD, PE.
SAVE THE DATE

32nd Annual GWN Eggers Lectureship

April 3-5, 2014
The Galveston Island Convention Center

Voluntary Faculty

Oladapo A. Alade, MD
Charlotte B. Alexander, MD
Jeffrey Baker, PhD
James Bennett, MD
James Bocell, MD
Mark Brinker, MD
Taylor Brown, MD
George Cox, MD
Marc DeHart, MD
Allen Deutsch, MD
Andrew Ebert, MD
Bradley Edwards, MD
David W. Edelstein, MD
Daniel Eidman, MD
Gary Gartsman, MD
Stanley Gertzbein, MD
Tyler Goldberg, MD
William Granberry, MD
Thomas Greider, MD
Joseph Gugenheim, MD
Alexander Hadjipavlou, MD
Eric Heinrich, MD
John A. Hipp, PhD
Omer Ilahi, MD
Don Johnson, MD
Robert Josey III, MD
Anand Joshi, MD
Gordon L. Klein, MD
John Knecht, DPM
Marc Labbe, MD
Glenn C. Landon, MD
Adrian LeBlanc, PhD
Bonnie Simpson Mason, MD
Vasilios Mathews, MD
Anita Mercado, MD
Anthony Muffoletto, MD
Haring Nauta, MD
Jose Nolla, MD
Okay Onan, MD
Daniel O’Neill, MD
Manish Patel, MD
Rita Patterson, PhD
Michael Putney, MD
J. Clark Race, MD
David Randall, MD
Eric R. Santos, MD
Walter Sassard, MD
L. Edward Seade, MD
Jack Seaquist, MD
Jean Sibonga, PhD
Sherwin Siff, MD
Todd Siff, MD
Terry Siller, MD
James Simmons III, DO
James Simmons, Jr., MD
Roy Smith, MD
Gregory Stocks, MD
Nicholas Tsourmas, MD
Gregg Vagner, MD
William Watters III, MD
Jeffrey M. Whelan, MD
Suzanne Yandow, MD

More to come in the next issue of the Newsletter...

To view previous issues of the newsletter, please visit: http://www.utmb.edu/ortho/newsletter/
Comments, suggestions, and queries on the Newsletter or Website can be addressed to: rmorris@utmb.edu