Message from the Chair

“We can be knowledgeable with other men’s knowledge but we cannot be wise with other men’s wisdom”

—Michel De Montaigne

We all want to be appreciated. But in the highly competitive world of modern medicine it seems that some of us crave more…and we are sometimes too quick to portray ourselves as being truly accomplished in our field. Although this is certainly an admirable goal, when we become self-proclaimed “experts” we often lose sight of our true capability or experience. And in the “rush to succeed” mentality that pervades healthcare these days, how are other physicians, let alone our patients and trainees, to know when we are truly proficient as opposed to just simply ambitious?

In my professional life I’ve had the privilege to interact with some of the most prominent surgeons and scientists in our profession…people that all of us would concede were truly experts in our field. I’ve marveled at their ability to listen, quickly assimilate and accurately interpret data, never state the obvious, or refrain from pouncing on the vulnerability of others. Their intellectual tenacity gave them a perspective that extended well beyond the horizon, and they used their talents to graciously enlighten others while not aggrandizing themselves. In fact, their goal was never to be revered, but to actually solve a problem, or just make a difference. The excellence they aspired to was always just beyond their reach, and they never considered themselves the smartest person in the room…even when everyone else did.

There is a difference between making a meaningful contribution to our knowledge on a particular condition and its treatment versus being reasonably conversant on its related literature. There is a difference between experiencing how our understanding of a problem actually evolved over time versus only appreciating the current position on an issue. There is a difference in gaining the unsolicited respect and admiration of one’s colleagues versus seeking (and relishing) the awe of the less experienced or persons outside of the field.

So who is really an “expert”? Someone who is readily so designated by the majority of their peers or, better yet, those individuals they may consider experts. Perhaps the rest of us should be reminded that the biggest impediment to our continued improvement may be our conviction that we’re already great.

Texas Orthopaedic Association Annual Meeting, April 8-9, 2016

UTMB DOSR residents made us all proud by sweeping the Texas Orthopaedic Association’s 2016 Resident Research competition awards!

1st Place - Sawyer Crole, MD, “Biomechanical Comparison of Bicortical, Unicortical, and Unicortical Far-cortex-abutting Screw Fixations in Plated Comminuted Midshaft Clavicle Fractures,” Co-authors: Morris RP, Amin A, Lindsey RW, Gugala Z.

2nd Place - Lattisha Rowe, MD, “Orthopedics-Related Delayed Diagnoses in the Polytrauma Patient,” Co-authors: Carayannopoulous N, Lindsey RW, Mileski W.

Publications


**Presentations**

Klein GL. "Do Bisphosphonates Have An Anti-Inflammatory Effect in Burns?" At the 7th International Workshop on the Molecular Pharmacology and Therapeutics of Bone and Other Diseases at St Catherine 's College, Oxford University from 2-5 July.


Presentations

UTMB National Student Research Forum, Galveston, TX, April 28-29.


Robinson JD, Prochaska JD, Yngve DA, “Pre-Surgery Evaluations by Telephone Decrease Travel and Cost for Families of Children with Cerebral Palsy.” Podium presentation by JD Robinson, Awarded Best Oral Presentation in Orthopaedic Surgery.

Stautberg EF, Ilahi OA, Jupiter DC, Amin A, Qadeer AA. “Stability of Two versus Three Peripheral Pegs in Modern Total Shoulder Glenoid Component.” Poster presentation by Arsalan Amin.

Wu LQ, Isidro T, Yngve DA, “Impact of Selective Percutaneous Myofascial Lengthening (SPML) on Quality of Life.” Poster presentation by Tracey Isidro.


UTMB Medical Student Summer Research Program, Galveston, TX. June 23, 2016.

Emmanuel Attah, Mentor: Vinod Panchbhavi, “Characteristics of the Preens Brevis tendon: Defining the Normal Dimensions of a Neglected Muscle Tendon.”

Christina Haddad, Mentor: Vinod Panchbhavi, “Do Heel Spurs Cause Heel Pain?”


Daniel Kunzler, Mentor: Vinod Panchbhavi, “ATFL Reconstruction versus ATFL Reconstruction with Calcaneal Osteotomy.”

Laura J. Linscheid, Mentor: Zbigniew Gugala, “Anterior Cruciate Ligament Injury and Surgical Reconstruction in the Skeletally Immature Patient.”


Somto Obi, Mentor: Vinod Panchbhavi, “Patients’ Perspectives and Opinions on the Sunshine Act.”

Benjamin Parva, Mentor: Vinod Panchbhavi, “Evaluating the Effectiveness of MRIs as a Diagnostic Tool in the Context of Diabetic Neuropathy.”


Ryan Turner, Jie Chen, Mentor: Vinod Panchbhavi, “Effect of Calf Tourniquet on Ankle Alignment in a Simulated Supination External Rotation Injury.”
Honors, Awards, and Acknowledgements

Ronald W. Lindsey, MD was named to the Texas Super Doctors® 2016 list. After being named to this listing for more than 10 consecutive years, he has also been inducted into the Super Doctors Texas Hall of Fame. Kelly D. Carmichael, MD, Niki L. Carayannopoulos, DO, Vinod K. Panchbhavi, MD, and Louis S. Stryker, MD were also named to the Super Doctors list for 2016. They will all appear within the December 2016 issue of Texas Monthly, and online at www.superdoctors.com.

Zbigniew Gugala, MD PhD has received the honorific title of Distinguished Teaching Professor from the UTMB Academy of Master Teachers. Dr. Gugala was also appointed as a full member of the UTMB Institutional Review, and selected as a member of the UTMB Research Enterprise Task Group for expanding interdisciplinary research in Physical Medicine and Rehabilitation.

Louis S. Stryker, MD was named an American Medical Association CPT Advisory Committee Alternate for the American Academy of Orthopaedic Surgeons (AAOS). Dr. Stryker was also featured in a Galveston Daily News article discussing a new less invasive for total hip arthroplasty called direct anterior hip replacement.

David A. Yngve, MD was recognized by Vitals Patients Choice as one of America’s Most Compassionate Doctors for the 5th year in a row.

MD PhD graduate Aaron Gray was interviewed by Guidry News about his research into oral contraceptive use and ACL injuries in female athletes.

Please join us in congratulating Nicholas H. Maassen, MD and his wife Summer on the birth of their daughter, Rori Beatrice Maassen, born June 17th.

UTMB Orthopaedic Faculty and Residents participated in a Sports Medical Screening at Friendswood High School, and screened over 600 athletes. The DOSR extends special thanks to the 16 medical students who helped make this a successful event.
On May 6, 2016, UTMB DOSR held its second annual *Mock Oral Board Examination* for one of the recent graduates of our residency training program. **Justin Chronister, MD** ('13) presented cases from his practice to a panel of DOSR faculty and resident examiners to simulate the American Board of Orthopaedic Surgery Part II Oral Examination. The DOSR plans to hold annual mock oral examinations to assist their recent graduates as they prepare for the oral boards.

34th Annual GWN Eggers Lectureship

The **34th Annual GWN Eggers Lectureship** was also held on May 6, 2016, at the Galveston Island Convention Center. Our Distinguished Guest Lecturer was **Mitchel Harris, MD, FACS**, Associate Orthopedic Surgeon, Brigham and Women's Hospital, Professor of Orthopedic Surgery, Harvard Medical School. Dr. Harris presented the Keynote Address entitled "'Clearing the C-Spine' in the Trauma Patient."

**Stanley Allen, MD** was the recipient of the 4th Annual *E. Burke Evans Award*. This award is given each year to the individual who has inspired in other members of the DOSR a devotion to the academic spirit that characterized Dr. Evans.

**Scientific Program**

**Corey F. Janney, MD** (PGY4), "Association of Calcaneus Fracture with Psychiatric Illness or Use of Psychotropic Medication."

**Matthew R. McCarley, MD** (PGY3), "25-Hydroxyvitamin-D Levels and Bone Densitometry as Independent Predictors of Fragility Fractures in Bone Health Clinic."

**Hilda H. Kriel, MD** (PGY4), "Postoperative Pain Control in Pediatric Scoliosis Patients."

**Robert W. Lindeman, MD** (PGY3), "Angular Correction with Chevron-Akin Double Osteotomy in Mild, Moderate, and Severe Hallux."

**Laura Q. Wu, BS**, "Case Order Versus Infection Risk in Primary Joint Arthroplasty."

**J. Sawyer Croley, MD** (PGY3), "Biomechanical Comparison Of Bicortical, Unicortical, and Unicortical Far-Cortex-Abutting Screw Fixations in Comminuted Midshaft Clavicle Fractures."

**William K. Wilson, MD** (PGY3), "Brittle or Better? Failure Characteristics of Carbon Fiber Composite Plates versus Stainless Steel Plates for Comminuted Distal Fibula Fractures."

**Lockhart Award Presentations, PGY5 Residents**

**Kevin J. Leffers, MD**, "Low-Dose Computed Tomography to Detect Dorsal Screw Penetration after Distal Radius Volar Plating.** Winner.**

**Lattisha R. Bilbrew, MD**, "Orthopedic Delayed Diagnoses in the Polytrauma Patient."

**Nicholas G. Vance, MD**, "Dislocated Hip Arthroplasty Closed Reduction: A Single-Center Experience."
Resident Awards for 2015:

Outstanding Resident Nominees: (PGY5) Nicholas Vance, MD, (PGY1) Micah Adamson, MD

Golden Bone Excellence in Teaching Award: Matthew McCarley, MD, Adam Neustein, MD, Robert Williams, MD

Open Growth Plate Excellence in Pediatric Orthopaedics Award: Nicholas Vance, MD

Orthopaedic In-Training Examination, OITE Master Award: Sawyer Croley, MD, Joshua Namm, MD

Orthopaedic In-Training Examination, Highest Raw Score Award: Nicholas Vance, MD

Excellence in Resident Research Award: Sawyer Croley, MD, William Wilson, MD

Weekly Conference Attendance Award: Cory Janney, MD

Weekly Reading Program Examination Excellence Award: Cory Janney, MD

Medical Student Excellence in Research Award: Edward Strecker, BS

Operation Rainbow Diploma of Gratitude: Nicholas Vance, MD

Lattisha Bilbrew, MD (top left) - Hand Fellowship, University of Florida, Gainesville, FL.

Kevin Leffers, MD (center) - Hand Fellowship, University of Pittsburgh Medical Center - Hamot, Erie, PA.

Nicholas Vance, MD (top right) - Sports Medicine Fellowship, Orthopaedic Research of Virginia, Richmond VA.
This year’s *E. Burke Evans Distinguished Lecturer and Visiting Professor* was **Peter J. Stern, MD**, the Norman S. & Elizabeth C.A. Hill Professorship in the Department of Orthopaedic Surgery and Sports Medicine, Division of Hand Surgery at UC Health / University of Cincinnati College of Medicine. His clinical interests are hand, wrist, and elbow surgery and reconstruction. Dr. Stern has devoted his entire professional career to advancing education in orthopaedic and hand surgery, educating 55 fellows and over 100 orthopaedic residents. He has served as a visiting professor at over 70 institutions, and has been the recipient of 36 endowed lectureships.
April 27, 2016: **Gerhard E. Maale, MD**, founder, the Dallas Ft. Worth Sarcoma Group, Clinical Associate Professor, Department of Orthopaedic Surgery, University of Texas Southwestern Medical School at Dallas, Clinical Associate Professor, Department of Orthopaedic Surgery, Texas Tech University, Health Sciences Center, El Paso, Texas and Lubbock, Texas, Professor, Montana State University. Dr. Maale’s lectured was entitled “New Techniques for Treating Infections.”

April 20, 2016: **William Granberry MD**, Associate Professor, Orthopedic Surgery, Baylor College of Medicine, Houston, TX. Dr. Granberry’s lecture was entitled “It’s All Metatarsalgia.”

On Saturday, June 4, 2016, UTMB opened its new hospital at the Specialty Care Center at Victory Lakes location. The new complex has been renamed the **UTMB Health League City Campus Hospital**, and is the first full-service hospital in League City.

This new complex will greatly expand the DOSR’s capabilities and presence in mainland patient care. The new facility houses a 24-hour emergency center with state-of-the-art medical imaging, diagnostics laboratory and patient telemetry monitoring. Inpatient care is now supported with private rooms and an on site Sports Medicine and Rehabilitation clinic featuring the latest in personalized therapy and equipment.
In April, 2016, Kelly Carmichael, MD, and Nic Vance, MD visited Huehuetenango, Guatemala as part of a mission team led by the non-profit organization Operation Rainbow. The mission provides orthopaedic care to indigent children and young adults in developing countries. The volunteer team evaluated over 50 clinic patients and performed specialized surgical procedures (e.g. developmental dysplasia of the hip corrections) over a four-day period.

Volunteer Faculty

Oladapo A. Alade, MD
Charlotte B. Alexander, MD
Jeffrey Baker, PhD
James Bennett, MD
James Bocell, MD
Joseph Borrelli, MD
Mark Brinker, MD
Taylor Brown, MD
William L. Buford, Jr., PhD
George Cox, MD
Marc DeHart, MD
Allen Deutsch, MD
Andrew Ebert, MD
T. Bradley Edwards, MD
David W. Edelstein, MD
Daniel Eidman, MD
Gary Gartsman, MD
Stanley Gertzbein, MD
Tyler Goldberg, MD
William Granberry, MD
Thomas Greider, MD
Joseph Gugenheim, MD
Alexander Hadjipavlou, MD
Eric Heinrich, MD
John A. Hipp, PhD
Omer Ilahi, MD
Caroline W. S. Jansen, PhD
Don Johnson, MD
Robert Josey III, MD
Anand Joshi, MD
John Knecht, DPM
Marc Labbe, MD
Glenn C. Landon, MD
Loren Latta, PhD
Adrian LeBlanc, PhD
Bonnie Simpson Mason, MD
Vasilios Mathews, MD
Anita Mercado, MD
Anthony Muffoletto, MD
Haring Nauta, MD
Jose Nolla, MD
Okay Onan, MD
Daniel O’Neill, MD
Manish Patel, MD
Rita Patterson, PhD
Michael Putney, MD
J. Clark Race, MD
David Randall, MD
Eric R. Santos, MD
Walter Sassard, MD
L. Edward Seade, MD
Jack Seaquist, MD
Jean Sibonga, PhD
Sherwin Siff, MD
Todd Siff, MD
Terry Siller, MD
James Simmons III, DO
James Simmons, Jr., MD
Roy Smith, MD
Gregory Stocks, MD
Nicholas Tsourmas, MD
Gregg Vagner, MD
William Watters III, MD
Jeffrey M. Whelan, MD

More to come in the next issue of the Newsletter...

To view previous issues of the newsletter, please visit: http://www.utmb.edu/ortho/
Comments, suggestions, and queries on the Newsletter or Website can be addressed to: rmorris@utmb.edu