What do you do?

“If we always helped one another, no one would need luck”

— Sophocles

The first question people who are newly acquainted usually ask to learn more about one another is fairly benign (“What’s your name?”). It’s the customary follow-up question (“What do you do?”) that will often cause me to pause and think about my response. My hesitancy is not because I’m ashamed of my occupation. To the contrary, I don’t know of a more honorable profession than medicine. And within medicine, orthopaedic surgery offers a profound sense of gratification that’s hard to replicate. My reluctance to reply is predicated on why I feel I’m being asked, and how I think my answer will interpreted. Although my profession is an important part of my identity, I don’t trust that just knowing what I do for a living, alone, effectively defines me, how I think, or what motivates me.

When I answer truthfully, some folks get intimidated and assume that perhaps I wouldn’t want to talk to them. Others are impressed, and immediately bombard me with questions about their stiff shoulder or a relative’s failed knee surgery. Many people feel compelled to impress me with the details of their life exploits. A fair number of people, depending on the setting or how I’m dressed, will view me with some degree of skepticism. Regardless of how they react, my merely telling a stranger what I do for a living has rarely provided them with a substantive appreciation of what I feel I do, nor permitted me to understand the same about them.

Frankly, just knowing the profession of someone we meet in passing may provide some insight on their accomplishments and how they spend their time. But it seldom answers the question I think we really want to ask each other: What aspects of our lives are we most proud of and/or passionate about?

So these days when someone casually asks me “What do you do?” and I want to avoid their analysis, yet be earnest, I simply say “I help people.” This reply may seem esoteric to some. But this, in my mind (and for anyone who really wants to know me quickly), is how I view my place in the world. And if they wish to know more, I’m always eager to explain.

What do you do?

New DOSR Advanced Practice Provider

Jessica Lamphere, RN, FNP-C is a Registered Nurse and Family Nursing Practitioner who will be seeing patients in the DOSR clinics on the mainland (League City Campus and South Shore Harbor) and Galveston (Primary Care Pavilion). Jessica received her Master of Science in Nursing in 2017 from the University of Texas, Arlington, TX. Aside from Orthopaedics, Jessica’s areas of interest include direct patient care, trauma patient care, and advanced life support.
Amin A, Janney CF, Jupiter D, Panchbhavi VK. Weight-bearing radiographic analysis of the tibiofibular syndesmosis. Foot Ankle Spec. Article first published online: April 1, 2018.


Janney CF, Kunzler D, Safavi PS, Panchbhavi VK. Orthopaedic in-training examination resources and residency training for the foot and ankle domain. Foot Ankle Spec. 2018 Apr 1:1938640018770808. [Epub ahead of print]


Publications


Presentations, Panels, and Lectures


Presentations, Panels, and Lectures


Foreman MA. Faculty-led group discussions: Graduate Medical Education, Medical Economics Summit, April 23, 2018.


Kunjumon S, Lindsey RW. “Bone Health,” CBC Quarterly Medical Staff Meeting, UTMB, Galveston, TX, April 16, 2018

Maassen NH. “Orthopedics,” CBC Quarterly Medical Staff Meeting, UTMB, Galveston, TX, April 16, 2018.


2018 Annual Meeting, Texas Orthopaedic Association, Fort Worth, TX, April 13-14

McCarley MR, Wise KL, Jupiter DC, Lindsey RW, Klein GL. “The utility of serum 25-Hydroxyvitamin-D and body mass index in the work-up of patients presenting to a bone health clinic.”

Namm J, Morris RP, Speck FL, Lindsey RW. “The Impact of Eccentric Plate/Screw Diaphyseal Placement on the Risk for Periprosthetic Fracture.”

Janney C, Kunzler D, Safavi P, Panchbhavi VK. “Orthopaedic In-Training Examination Resources and Residency Training for the Foot and Ankle Domain.”

Paris C, Janney CF, Panchbhavi VK. “Tri-cortical Kirschner Wire Fixation of Chevron Osteotomy for Hallux Valgus.”

UTMB Medical Student Summer Research Program, Galveston, TX, June 27, 2018

Pellerin C, Janney CF, Panchbhavi VK. “An Analysis of 161 Foot and Ankle Recalls by the Food and Drug Administration.”

Peters W, Panchbhavi VK. “ Syndesmotic Screw Fixation and Fibular Displacement.”

Shazadeh Safavi K, Schneider GJ, Janney CF, Jupiter DC, Panchbhavi VK. “Disclosures Undisclosed.”

Honors, Awards, Acknowledgements, and News

Zbigniew Gugala, MD PhD received a certificate of recognition from the editors at The Journal of Bone & Joint Surgery for exemplary contributions to JBJS as a Consultant Reviewer for the successful completion of 6 high-quality reviews in 2017.

John Hagedorn II, MD was appointed to serve a three-year term as a member of the Disaster Management Preparedness Committee by the Orthopaedic Trauma Association Board of Directors. Dr. Hagedorn was also elected by the medical staff to the UTMB Medical Executive Committee for a three-year term, honored with a teaching award by the UTMB Family Medicine Resident Class of 2018, and was instructor for an Orthopaedic Camp in June, sponsored by Depuy-Synthes and directed by Milton “Chip” Routt, MD.

Gordon Klein MD, MPH was selected for the first class of Fellows of the American Society for Bone and Mineral Research, and will be inducted at the 2018 Annual Meeting in September.

Peter Adamson, MD (PGY2) received a scholarship from the American Orthopaedic Foot & Ankle Society which provided travel and educational opportunities at the 2018 Annual Meeting of the AOFAS in July.

Barkha Gurbani, MD, MPH, (PGY4) received the Southern Orthopaedic Association Harley and Betty Baxter Resident Award for her paper, “Initiatives to Reduce All-Cause 30-Day Postoperative Readmissions—An Experience from the Orthopaedic Service of a Single University Hospital.” As one of the top two award papers presented at the SOA 2018 Annual Meeting in July, Dr. Gurbani is pre-invited to present at the American Academy of Orthopaedic Surgeons Annual Meeting in March 2019.

4th Annual Mock Oral Boards

On April 29, 2018, UTMB DOSR held its 4th Annual Mock Oral Board Examination. This year, DOSR faculty’s own Jeremy Somerson, MD presented cases from his practice to a panel of DOSR faculty and resident examiners to simulate the American Board of Orthopaedic Surgery Part II Oral Examination.
The 36th Annual GWN Eggers Lectureship was held on April 29, 2017, at the San Luis Resort in Galveston, TX. Our Distinguished Guest Lecturer and recent addition to our Voluntary Faculty was Bernard F. Morrey, MD, Emeritus Chair, Department of Orthopedics, Mayo Clinic, Rochester, MN, Professor of Orthopedics, University of Texas Health Science Center, San Antonio, TX. Dr. Morrey presented the Keynote Lecture entitled “Complex Instability of the Elbow, How Hard Does it Have to Be?”

Scientific Program

Croley JS, Somerson JS. “A Predictive Model for ICU Admission after Surgical Treatment of Hip Fractures.” Winner: The Lockhart Award for Best Resident Presentation

Khalid MA, Weiss W, Iloanya M, Panchbhavi VK. “Outcomes of Transfer of Flexor Hallucis Longus (FHL) for Treatment of Chronic Achilles Tendon Rupture.”


Namm JD, Morris RP, Lindsey RW. “The Impact of Eccentric Plate/Screw Diaphyseal Placement on the Risk for Periprosthetic Fracture.”


Medical Student Poster Competition

Charls R, Yngve DA. “Treatment of Spasticity in Children with Cerebral Palsy.”

Iloanya M, Panchbhavi VK, Janney C. “Peroneus Brevis Tenodesis: Side-to-Side or Weave?” Winner: 2nd Annual DOSR UTMB Medical Student Poster Competition.

Kunzler D, Panchbhavi VK. “A Comparison of Removal Rates of Headless Screws Versus Headed Screws in Calcaneal Osteotomy.”


This year’s *E. Burke Evans Distinguished Lecturer and Visiting Professor* was *Alvin H. Crawford, MD, FACS*, Professor Emeritus of Orthopaedic Surgery, Honorary Doctor of Science, University of Cincinnati College of Medicine, Cincinnati, OH. Dr. Crawford presented a lecture entitled “Journey of an Academic Pediatric Orthopaedic Surgeon.”

### 2018 DOSR Resident Graduates

- **J. Sawyer Croley, MD** - Joint Arthroplasty Fellowship, William Beaumont Hospital, Royal Oak, MI.
- **Robert W. Lindeman, MD** - Sports Medicine Fellowship, Mississippi Sports Medicine, Jackson, MS.
- **Matthew R. McCarley, MD** - Hand & Upper Extremity Fellowship, University of Alabama Hospital, Birmingham, AL.
- **Joshua D. Namm, MD** - Orthopaedic Trauma Fellowship, Washington University, Saint Louis MO.
- **William K. Wilson, MD** - Sports Medicine Fellowship, Mississippi Sports Medicine and Orthopaedic Center, Jackson, MS.

- **Dr. Lindsey, Dr. Namm, Dr. Lindeman, Dr. Wilson, Dr. Croley, Dr. McCarley and Dr. Crawford.**

### 2018 DOSR Resident Awards

- **Outstanding Resident Nominees:** (PGY5) **Kyle Wilson, MD**, (PGY1) **Grant McChesney, MD**

- **Golden Bone Excellence in Teaching:** **Micah Adamson, MD, Barkha Gurbani, MD, Adnan Zubair, MD**

- **Open Growth Plate Excellence in Pediatric Orthopaedics:** **Barkha Gurbani, MD**

- **Curly Toe Award:** **Kenrick Lam, MD**

- **Excellence in Resident Research:** **Barkha Gurbani, MD**

- **Exceptional Contributions in Foot & Ankle Research:** **Cory Janney, MD** (Foot Fellow)

- **Orthopaedic In-Training Examination, Highest Percentile Score for PGY Year:** **Grant McChesney, MD**

- **Orthopaedic In-Training Examination, OITE Master Score (Highest number of Correct Responses):** **Kyle Wilson, MD**

- **Drs. Lam and Panchbhavi**

- **Drs. Yngve, M. Adamson, Zubair and Gurbani**

- **Drs. Lindsey and McChesney**

- **Drs. Janney and Panchbhavi**
Wednesday, April 18, 2018: **Fred H. Olin, MD**, Clinical Assistant Professor, University of Texas Health Science Center, *San Antonio, TX*. Dr. Olin’s lecture entitled “The Disruptive Physician,” was sponsored by the E. Burke Evans Orthopaedic Research Fund.

Wednesday, May 2, 2018: **Miguel Pirela-Cruz, MD**, Professor of Orthopaedic Surgery, Texas Tech University, *El Paso, TX*. Dr. Pirela-Cruz’s lecture entitled “Challenges Associated with Replantation Surgery,” was sponsored by the E. Burke Evans Orthopaedic Research Fund.

Wednesday, May 16, 2018: **Bernard Morrey, MD**, Professor of Orthopaedics, Mayo Clinic, *Rochester, MN*, Professor of Orthopaedics, University of Texas Health Science Center, *San Antonio, TX*. Dr. Morrey’s lecture entitled “Less Invasive Approach for Definitive Treatment of Tendinopathy,” was sponsored the E. Burke Evans Orthopaedic Research Fund.

Wednesday, May 23, 2018: **Nicholas F. Tsourmas, MD**, Medical Director, Texas Mutual Insurance Company, *Austin, TX*. Dr. Tsourmas’ lecture entitled “Workers Compensation: History,” was sponsored the E. Burke Evans Orthopaedic Research Fund.
In April, 2018, UTMB DOSR faculty member Kelly Carmichael, MD and PGY-4 resident Barkha Gurbani MD, MPH, travelled to Huehuetenango, Guatemala as part of a medical mission sponsored by the non-profit organization Operation Rainbow, which provides orthopaedic care to indigent children and young adults in developing countries. The volunteer team examined over 501 patients in clinic, and performed over 86 specialized surgical procedures over a 4-day period.

Volunteer Faculty

- Oladapo A. Alade, MD
- Charlotte B. Alexander, MD
- Jeffrey M. Baker, PhD
- James B. Bennett, MD
- James R. Bocell, MD
- Joseph Borrelli, MD
- Mark R. Brinker, MD
- Taylor D. Brown, MD
- William L. Buford, Jr., PhD
- Nikoletta L. Carayannopoulos, DO
- Daniel Corbitt, MD
- Fred Corley, MD
- George W. Cox, MD
- Marc M. DeHart, MD
- Allen Deutsch, MD
- Andrew Ebert, MD
- T. Bradley Edwards, MD
- David W. Edelstein, MD
- Daniel K. Eidman, MD
- Hussein Elkousy, MD
- Kim Garges, MD
- Gary M. Gartsman, MD
- Stanley D. Gertzbein, MD
- Tyler D. Goldberg, MD
- William M. Granberry, MD
- Michael Greula, MD
- Thomas D. Greider, MD
- Joseph J. Gugenheim, MD
- Alexander G. Hadjipavlou, MD
- Eric M. Heinrich, MD
- John A. Hipp, PhD
- Omer A. Ilahi, MD
- Cory Janney, MD
- Don R. Johnson, MD
- Robert A. Josey III, MD
- Anand Joshi, MD
- Daniel Jupiter, PhD
- Gordon L. Klein, MD
- John G. Knecht, DPM
- Marc R. Labbe, MD
- Glenn C. Landon, MD
- Loren L. Latta, PhD
- Adrian D. LeBlanc, PhD
- Brandon Low, MD
- Bonnie Simpson Mason, MD
- Vasilos Mathews, MD
- Anita C. Mercado, MD
- Bernard Morrey, MD
- Darrell Moulton, MD
- Anthony J. Muffoletto, MD
- Toribio Natividad, MD
- Haring J. W. Nauta, MD, PhD
- Jose M. Nolla, MD
- Okay Onan, MD
- Daniel B. O’Neill, MD
- Manish V. Patel, MD
- Rita M. Patterson, PhD
- Michael E. Putney, MD
- Jonathan Clark Race, MD
- David C. Randall, MD
- Damian Sacky, DO
- Eric R. Santos, DO
- Walter R. Sasser, MD
- L. Edward Seade, MD
- Jack L. Seagoon, MD
- Jean D. Sibonga, PhD
- Eric Sides, MD
- Sherwin J. Siff, MD
- Todd E. Siff, MD
- Terry A. Siller, MD
- James W. Simmons III, DO
- James W. Simmons, Jr., MD
- Roy B. Smith, MD
- Fred L. Speck III, MD
- Caroline W. Stegink-Jansen, PhD
- Gregory W. Stocks, MD
- Nicholas F. Tsourmas, MD
- Gregg A. Vagner, MD
- William C. Watters III, MD
- Jeffrey M. Whelan, MD

More to come in the next issue of the DOSR Newsletter...

To view previous issues of the newsletter, please visit: http://www.utmb.edu/ortho/
Comments, suggestions, and queries on the Newsletter or Website can be addressed to: rmorris@utmb.edu