Message from the Chair

The year’s-end holiday season is undoubtedly my favorite time of year. Many of us expend considerable effort to display decorative lights; music celebrating the season seems to be ubiquitous, and holiday aromas always permeate the air. An aura of hope and happiness dominate these days and, for this special period, everyone seems to be infused with joy.

This joy is not simply contained; the populace exhibits a genuine need to share their bliss with others. We seek out relatives and friends that we otherwise ignore throughout the year; we attend parties with folks with whom we rarely socialize, and we even mail salutations to people we don’t really know. Moreover, we expect everyone else to interrelate in a manner that conveys mutual respect.

This respect prompts us to go to great lengths to demonstrate special admiration for our acquaintances. We are compelled to brave the masses, descending upon our malls and shopping centers to become avid consumers. Considerable funds are spent on presents for others; rarely do we purchase items for ourselves. Furthermore, often this money could/should be used to pay bills; our public proclivity for enormous generosity is almost palpable.

But perhaps even more impressive than our sudden generosity, is our bona fide concern for the less fortunate. We work to feed the hungry, find shelter for the homeless, donate gifts for needy children, and visit strangers in the hospital. We greet a passerby in the hallway, give everyone the benefit of the doubt, and will offer help without provocation. We exude what I believe is the single most important of all human traits: kindness.

Shortly after the New Year I overheard a number of individuals expound upon the problems created by the recent holidays. In the midst of being broke and exhausted, these folks were eager to return to the routine of normal daily life. Frankly, I wish the spirit of the season (joy, respect, generosity, and kindness) would last year round, and I don’t think I’m alone. Maybe that’s why many of us are slow to remove our holiday decorations until well into January....

Ronald W. Lindsey, MD

Honors & Awards

In December, Dr. Kelly D. Carmichael and Dr. Ronald W. Lindsey were named “Super Doctors” in their fields by Texas Super Doctors, a publication of Texas Monthly magazine. This award represents the recognition by peers and colleagues of professional skill and excellence.

To generate a nominee list, Super Doctors contacts doctors, nurse practitioners and nurse managers from around the country and asks: “To whom would you refer a loved one or one of your patients for medical diagnosis and/or treatment?” Nominees then undergo an extensive review process that includes a “Blue Ribbon” panel of medical experts generated from the nominee list, interviews, independent research, data verification, and a ‘good standing’ disciplinary review. The list is a ‘physician’s physician directory,’ and to be included is, perhaps, the ultimate peer-reviewed accolade.

Dr. E. Burke Evans was recently recognized by the Shriners Burns Hospital for outstanding service and integrity. Dr. Evans continues to actively participate in the management of patients with severe burns in the rehabilitation department of the Galveston Shriners Hospital. Dr. Evans is nationally recognized for his classification of musculoskeletal changes resulting from burns and for his research in cerebral palsy and osteoarthritis. He is a previous recipient of the John P. McGovern, M.D. Award in Oslerian Medicine, recognizing his compassionate care of patients.
Publications


Resident Affairs

Fourth-year residents Dr. Chad Conner and Dr. Thomas Tanous have already been offered post-graduate fellowships.

Dr. Conner has accepted a fellowship in sports medicine at the Southern California Orthopedic Institute in Los Angeles, California, to begin in August 2009.

Dr. Tanous has accepted a fellowship in Adult Reconstruction at Scripps Clinic in La Jolla, California, to begin in August 2009.

Faculty Spotlight

Dr. Kelly Stephenson is currently Assistant Professor and Chief of the Division of Joint Arthroplasty and General Orthopaedics. She earned a BS in Aerospace Engineering from The University of Texas at Austin in 1986 and her MD from UTMB in 1997. She then matched with UTMB’s Orthopaedic Residency Program and became a faculty member after completing her residency in 2002. Dr. Stephenson’s primary focus is in hip and knee replacement surgery. She is one of the few female hip surgeons trained to perform recently FDA-approved Hip Resurfacing Arthroplasty, a bone-conserving alternative to total hip replacement. Her experience in this area allows her to teach and supervise our residents in many facets of joint replacement. Dr. Stephenson continues to be a compassionate, skilled surgeon whose drive to constantly advance her field has enriched the lives of her patients, educated our trainees, and helped the DOSR fulfill its core missions.

Presentations

Yngve DA. “Percutaneous Myofascial Lengthening, Gait and Cerebral Palsy.” Presentation of the Orthopaedic Grand Rounds, Baylor University, Houston, TX, November 9, 2007.

Yngve DA. “Percs, Contracture, Spasticity and Cerebral Palsy.” The Texas Children’s Hospital Department of Physical Medicine and Rehabilitation, Houston, TX, November 9, 2007.

From Our Patients

A patient of Dr. Maria T. Guidry recently wrote to commend Dr. Guidry for the “miracle” that occurred in her quality of life due to her treatment. The patient writes that, since the age of 9, she’s had a non-healing right foot ulcer which cost her large amounts of time and money for over 20 years. Over the years, several Orthopaedic Specialists advised her to amputate because they felt it would never heal or be of any use and could, possibly, even endanger her life. The patient, however, steadfastly refused; she only needed, she believed, to find the right doctor. She was actually reconsidering amputation when she found Dr. Guidry. Now, the patient writes, “I smile and get teary eyed when I look at the bottom of my right foot and see a tiny scar and smooth surface where an ulcer had been. She [Dr. Guidry] is the only doctor I have EVER had who didn’t give up on me and actually gave me hope. Dr. Guidry has worked tirelessly to get my foot healed, and for that I will forever be grateful to her. I feel you and everyone I can tell needs to know the type of people you have working for your organization and what a difference they are making in patient’s lives. I thank GOD that you hired her [Dr. Guidry].”
Grand Rounds

On November 14 in Galveston, John Kostuik, MD, Professor Emeritus of Orthopaedics/Neurosurgery at Johns Hopkins University presented, “Ethics and Physician Company Relationships.”

Michael Archdeacon, MD, Vice Chairman of the Department of Orthopaedic Surgery at the University of Cincinnati, College of Medicine, presented “Engineering in Orthopaedics,” on December 12 in Galveston.

The Austin Lecture Series continued on November 14 with John Kostuik, MD, Professor Emeritus of Orthopaedics/Neurosurgery at Johns Hopkins University. Dr. Kostuik presented, “Physician Owned Spinal Companies.”

On December 12, James B. Bennett, MD, Professor of Hand Surgery at the University of Texas Houston Health Science Center presented, “Elbow Salvage.”

---

2007 Christmas Party

Happy Holidays

On The Calendar

UTMB Galveston Grand Rounds:
--February 13: Michele M. Zembo, MD, MBA, Pediatric Orthopedics, LSU, New Orleans

The Austin Visiting Lecture Series Continues:
--February 20: Charles A. Rockwood, Jr, MD, UT San Antonio

The 2008 AAOS Reception:
--Thursday March 6, Four Seasons Hotel, San Francisco, 6:00-9:00 pm

The 2008 Eggers Conference:
--April 18-19; Speaker, Roger Mann, MD, Director, Foot and Ankle Fellowship, Associate Clinical Professor of Orthopaedic Surgery, UCSF

The 2008 Resident Graduation:
--June 20, Moody Gardens, Galveston; E. Burke Evans, MD, Distinguished Lecturer; Augustus A. White III, PhD, MD, Visiting Professor

The 2008 UTMB School of Medicine Commencement Ceremonies:
--May 31, Moody Gardens Convention Center, Galveston, Bernard Morrey, MD,

If you have comments, questions, or news you would like highlighted in a future edition, please contact Rob Cox at recox@utmb.edu or 409-747-5735.

---

Ronald W. Lindsey, M.D.
Department Chair
The John Sealy Distinguished Centennial Chair in Rehabilitation Sciences

Foot & Ankle and Infections & Wound Care
Maria T. Guidry, M.D.
Vinod K. Panchbhavi, M.D.

Hand Surgery
J. Pat Kearney, Jr., M.D.
Steven F. Viegas, M.D.

Joint Arthroplasty & General Orthopaedics
Stanley D. Allen, M.D.
E. Burke Evans, M.D.
Michael J. Grecula, M.D.
John W. Kosty, M.D.
Kelly W. Stephenson, M.D.

Orthopaedic Research
William L. Buford, Jr., Ph.D.
Zbigniew Gugala, M.D., Ph.D.

Pediatric Orthopaedics & Scoliosis Surgery
Kelly D. Carmichael, M.D.
David A. Yngve, M.D.

Spine Surgery & Rehabilitation
Mabel E. Caban, M.D.
Lilly L. Chen, M.D.
Kim J. Garges, M.D.
Ronald W. Lindsey, M.D.

Sports Medicine and Knee & Shoulder Surgery
Frank M. Ivey, Jr., M.D.
Brian A. Smith, M.D.

Trauma
Stanley D. Allen, M.D.
Ronald W. Lindsey, M.D.
UTMB Galveston Grand Rounds:
--February 13: Michele M. Zembo, MD, MBA, Associate Professor, Pediatric Orthopedics, LSU, New Orleans, LA

Austin Visiting Lecture Series:
--February 20: Charles A. Rockwood, Jr, MD, Professor and Chairman Emeritus, Department of Orthopaedic Surgery, The University of Texas Health Science Center, San Antonio, TX

2008 AAOS Reception:
--Thursday March 6, Four Seasons Hotel, San Francisco, California, 6:00-9:00 pm; Please RSVP to dliedy@utmb.edu before February 20

2008 Eggers Conference:
--April 18-19, Moody Gardens, Galveston; Guest Professor, Roger Mann, MD, Director, Foot and Ankle Fellowship, Associate Clinical Professor of Orthopaedic Surgery, University of California at San Francisco; Please call 1-800-582-4673 by April 11, 2008 to RSVP

2008 Resident Graduation:
--June 20, Moody Gardens, Galveston; Distinguished Lecturer, E. Burke Evans, MD; Visiting Professor, Augustus A. White III, PhD, MD, The Ellen and Melvin Gordon Distinguished Professor of Medical Education, Harvard Medical School, Boston, MA

2008 UTMB School of Medicine Commencement Ceremonies:
--May 31, Moody Gardens Convention Center, Galveston; Keynote Speaker and UTMB Alumni, Bernard Morrey, MD, Professor of Orthopedics, The Mayo Clinic, Rochester, MN