

Section: UTMB On-line Documentation	01.18 - Policy
Subject: Healthcare Epidemiology Policies and Procedures	06.14.17 - Revised
Topic: 01.18 - Intravascular Devices and Infusion Systems	1994 - Author

01.18 - Intravascular Devices and Infusion Systems

Purpose	To provide infection control guidelines for the proper placement and management of intravascular devices and infusion systems
Audience	All employees of UTMB hospitals, clinics, outpatient surgical center, contract workers, volunteers, and students.
Hand Hygiene	<ul style="list-style-type: none"> • Observe proper hand-hygiene procedures either by washing hands with conventional antiseptic-containing soap and water or with waterless alcohol-based hand rubs. Observe hand hygiene before and after palpating catheter insertion sites, as well as before and after inserting, replacing, accessing, repairing, or dressing an intravascular catheter. Palpation of the insertion site should not be performed after the application of antiseptic, unless aseptic technique is maintained. • Use of gloves does not obviate the need for hand hygiene.
Documentation	<ul style="list-style-type: none"> • Record the operator, date, and time of catheter insertion and removal, and dressing changes on a standardized form.
Surveillance	<ul style="list-style-type: none"> • Monitor the catheter sites visually or by palpation through the intact dressing on a regular basis, depending on the clinical situation of individual patients. If patients have tenderness at the insertion site, fever without obvious source, or other manifestations suggesting local infection or bloodstream infection (BSI), the dressing should be removed to allow thorough examination of the site.
Aseptic Technique During Catheter Insertion and Care	<ul style="list-style-type: none"> • Maintain aseptic technique for the insertion and care of intravascular catheters. • Wear clean or sterile gloves when inserting an intravascular catheter. Wearing clean gloves rather than sterile gloves is acceptable for the insertion of peripheral intravascular catheters if the access site is not touched after the application of skin antiseptics. Sterile gloves must be worn for the insertion of arterial and central venous catheters. • Wear sterile gloves when changing dressings on intravascular catheters.
Catheter Insertion	<ul style="list-style-type: none"> • Do not routinely use arterial or venous cut-down procedures as a method to insert catheters.
Catheter-site Care	<ul style="list-style-type: none"> • Cutaneous antisepsis <ul style="list-style-type: none"> – Disinfect clean skin with ChlorPrep (2% chlorhexidine/70% isopropyl alcohol) antiseptic before catheter insertion and during dressing changes. – Premature neonates: See appendix B for instructions for neonates who whose birthweight is <1000 g and who is <28 days of age. – Allow the antiseptic to remain on the insertion site to air <u>dry before catheter insertion</u>.

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- Do not apply organic solvents (e.g., acetone and ether) to the skin before insertion of catheters or during dressing changes.

Catheter-site Dressing Regimens

- Use transparent, semipermeable dressings or gauze dressings to cover central venous catheter sites. Replace dressings every 7 days for transparent dressings and every 48 hours for gauze dressings.
- Replace transparent semipermeable or gauze catheter-site dressings if they become damp, loosened, or visibly soiled.
- If the patient is diaphoretic, or if the site is bleeding or oozing, a gauze dressing is preferable to a transparent, semi-permeable dressing.
- Tunneled central venous catheter (CVC) sites that are well healed do not require dressings.
- Do not use topical antibiotic ointment or creams on insertion sites because of their potential to promote fungal infections and antimicrobial resistance.
- Do not submerge the catheter in water. Showering may be permitted if precautions can be taken to reduce the likelihood of introducing organisms into the catheter site (e.g., if the catheter and connecting device are protected with an impermeable cover during the shower).

Selection and Replacement of Intravascular Devices

- Select the catheter, insertion technique, and insertion site with the lowest risk for complications (infectious and noninfectious) for the anticipated type and duration of IV therapy.
- Promptly remove any intravascular catheter that is no longer essential.
- Do not routinely replace central venous or arterial catheters solely for the purposes of reducing the incidence of infection.
- Replace peripheral venous catheters in adults every 72-96 hours to reduce the risk of infection and phlebitis. Leave peripheral venous catheters in place in children until IV therapy is completed, unless complications (e.g., infection, phlebitis or infiltration) occur.
- When adherence to aseptic technique cannot be ensured (i.e., when catheters are inserted during a medical emergency), replace all catheters as soon as possible and after no longer than 48 hours.
- Use clinical judgment to determine when to replace a catheter that could be a source of infection (e.g., do not routinely replace catheters in patients whose only indication of infection is fever). Do not routinely replace venous catheters in patients who are bacteremic or fungemic if the source of infection is unlikely to be the catheter.
- Replace any short-term CVC if purulence is observed at the insertion site, which indicates infection.
- Replace all CVCs if the patient is hemodynamically unstable and catheter-related bloodstream infection (CRBSI) is suspected.
- Do not use guidewire techniques to replace catheters in patients suspected of having catheter-related infection.

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Replacement of Administration Sets and Intravenous Fluids

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| Administration Sets | <ul style="list-style-type: none"> • Replace administration sets, including secondary sets and add-on devices, at 96-hour intervals. • Replace tubing used to administer blood, blood products or lipid emulsions (those combined with amino acids and glucose in a 3-in-1 admixture or infused separately) within 24 hours of initiating the infusion. If the solution contains only dextrose and amino acids, the administration set does not need to be replaced more frequently than at 96-hour intervals. • Replace tubing used to administer propofol infusions every 6 or 12 hours, when the vial is changed, per the manufacturer's recommendation. |
| Needleless Intravascular Devices | <ul style="list-style-type: none"> • Change the needleless connectors no more frequently than every 72 hours or according to manufacturers' recommendations for the purpose of reducing infection rates. • Ensure that all components of the system are compatible to minimize leaks and breaks in the system. • Minimize contamination risk by scrubbing the access port with 70% alcohol, letting the alcohol dry, and then accessing the port only with sterile devices. • Use a needleless system to access IV tubing. • When needleless systems are used, a split septum valve may be preferred over some mechanical valves due to increased risk of infection with the mechanical valves. |
| IV Injection Ports | <ul style="list-style-type: none"> • Clean injection ports with 70% alcohol, and let the alcohol dry before accessing the system. • Cap all stopcocks when not in use. |
| Preparation and Quality Control of Intravenous Admixtures | <ul style="list-style-type: none"> • Admix all routine parenteral fluids in the pharmacy in a laminar-flow hood using aseptic technique. • Do not use any container of parenteral fluid that has visible turbidity, leaks, cracks, or particulate matter or if the manufacturer's expiration date has passed. • Use single-dose vials for parenteral additives or medications when possible. • Do not combine the leftover content of single-use vials for later use. • If multidose vials are used: <ul style="list-style-type: none"> – Refrigerate multidose vials after they are opened, if recommended by the manufacturer. – Cleanse the access diaphragm of multidose vials with 70% alcohol and let the alcohol dry before inserting a device into the vial. – Use a sterile device to access a multidose vial and avoid touch contamination of the device before penetrating the access diaphragm. |

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- Discard a multidose vial if sterility is compromised.
- All multidose vials should be dated when first used and thereafter not used beyond the manufacturer’s stated expiration period.

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| In-line filters | <ul style="list-style-type: none"> • Do not use in-line filters routinely for infection-control purposes. |
| IV-Therapy Personnel | <ul style="list-style-type: none"> • Designate trained personnel for the insertion and maintenance of intravascular devices. |
| Prophylactic Antimicrobials | <ul style="list-style-type: none"> • Do not administer systemic antimicrobial prophylaxis routinely before insertion or during use of an intravascular catheter to prevent catheter colonization or CRBSI. |

Peripheral Venous Catheters, Including Midline Catheters, in Adult and Pediatric Patients

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| Selection of Peripheral Catheter | <ul style="list-style-type: none"> • Select catheters on the basis of the intended purpose and duration of use, known complications (e.g., phlebitis and infiltration), and experience of individual catheter operators. • Avoid the use of steel needles for the administration of fluids and medications that might cause tissue necrosis if extravasation occurs. • Use a midline catheter or PICC, instead of a short peripheral catheter, when the duration of IV therapy will likely exceed 6 days. |
| Selection of Catheter-insertion Site | <ul style="list-style-type: none"> • In adults, use an upper- instead of a lower-extremity site for catheter insertion. Replace a catheter inserted in a lower-extremity site to an upper-extremity site as soon as possible. • In pediatric patients, the upper- or lower-extremities or the scalp can be used as the catheter insertion site. • Replacement of catheter <ul style="list-style-type: none"> – Evaluate the catheter insertion site daily, by palpation through the dressing to discern tenderness and by inspection if local tenderness or other signs of possible catheter-related bloodstream infection (CRBSI) are suspected. – Remove peripheral venous catheters if the patient develops signs of phlebitis (e.g., warmth, tenderness, erythema, and palpable venous cord), or infection, or if the catheter is malfunctioning. – In adults, replace short, peripheral venous catheters no more frequently than every 72-96 hours to reduce the risk for phlebitis. If sites for venous access are limited and no evidence of phlebitis or infection is present, peripheral venous catheters can be left in place for longer periods, although the patient and the insertion sites should be closely monitored. – Do not routinely replace midline catheters to reduce the risk for infection. – In pediatric patients, leave peripheral venous catheters in place until IV therapy is completed, unless a complication (e.g., infection, phlebitis or infiltration) occurs. |

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Catheter and Catheter-site Care Do not routinely apply prophylactic topical antimicrobial or antiseptic ointment or cream to the insertion site of peripheral venous catheters.

Central Venous Catheters, Including PICCs, Hemodialysis, and Pulmonary Artery Catheters, in Adult and Pediatric Patients

General Principles

- An observer will monitor the insertion using a checklist to verify appropriate insertion technique. (See Appendix A for checklist.)
- Use a CVC with the minimum number of ports or lumens essential for the management of the patient.
- Designate personnel who have been trained and exhibit competency in the insertion of catheters to supervise trainees who perform catheter insertion.
- Use totally implantable access devices for patients who require long-term, intermittent vascular access. For patients requiring frequent or continuous access, a PICC or tunneled CVC is preferable.
- Use a cuffed CVC for dialysis if the period of temporary access is anticipated to be prolonged (e.g., >3 weeks).
- Use a fistula or graft instead of a CVC for permanent access for dialysis.
- Do not use hemodialysis catheters for blood drawing or applications other than hemodialysis except during dialysis or under emergency circumstances.

Selection of Catheter Insertion Site

- Weigh the risk and benefits of placing a device at a recommended site to reduce infectious complications against the risk for mechanical complications (e.g., pneumothorax, subclavian artery puncture, subclavian vein laceration, subclavian vein stenosis, hemothorax, thrombosis, air embolism, and catheter misplacement).
- Use a subclavian site (rather than a jugular or a femoral site) in adult patients to minimize infection risk for nontunneled CVC placement.
- Place catheters used for hemodialysis and pheresis in a jugular or femoral vein rather than in a subclavian vein to avoid venous stenosis.

Maximal Sterile Barrier Precautions during Catheter Insertion

- Perform hand hygiene procedures, either by washing hands with conventional antiseptic containing soap and water or with waterless alcohol-based handrubs.
- Use sterile technique including the use of a cap, mask, sterile gown, sterile gloves, and a large fenestrated sterile drape, for the insertion of CVCs (including PICCs) or guidewire exchange.
- Use ChlorPrep to prep the insertion site. Let the ChlorPrep air dry before inserting the catheter.
- After catheter insertion, apply a chlorhexidine impregnated sponge dressing to the insertion site followed by placement of a transparent or gauze dressing. Replace the chlorhexidine impregnated sponge dressing every 7 days or at any time if it becomes soaked with blood.

- Premature neonates:
 - Neonates who cannot tolerate a Biopatch will be bathed with a 2% chlorhexidine gluconate cloth if they meet the following criteria:
 - > 1000 g birth weight. Or ≤ 1000 g birth weight but age ≥ 28 days after birth.
 - Frequency of bathing neonates is determined by birth weight and gestational age or chronologic age. See appendix B.
 - Use a sterile sleeve to protect pulmonary artery catheters during insertion.
- Replacement of Catheter
- Do not routinely replace CVCs, PICCs, hemodialysis catheters, or pulmonary artery catheters to prevent catheter-related infections.
 - Do not remove CVCs or PICCs on the basis of fever alone. Use clinical judgment regarding the appropriateness of removing the catheter if infection is evidenced elsewhere or if a noninfectious cause of fever is suspected.
 - When catheters are removed, do not routinely culture the tips.
 - Guidewire exchange
 - Do not use guidewire exchanges routinely for nontunneled catheters to prevent infection.
 - Use a guidewire exchange to replace a malfunctioning nontunneled catheter if no evidence of infection is present.
 - Use a new set of sterile gloves before handling the new catheter when guidewire exchanges are performed.
- Catheter and Catheter-site Care
- General measures
 - Use ultrasound guidance to place central venous catheters to reduce the number of cannulation attempts and mechanical complications. Ultrasound guidance should only be used by those fully trained in its use.
 - Antibiotic lock solutions
 - Use prophylactic antimicrobial lock solution in patients with long-term catheters who have a history of multiple CRBSI despite optimal maximal adherence to aseptic techniques.
 - Do not routinely use anticoagulant therapy to reduce the risk of catheter-related infection in general patient populations
 - Catheter-site dressing regimens
 - Replace the catheter-site dressing when it becomes damp, loosened, or soiled or when inspection of the site is necessary.
 - Replace dressings used on short-term CVC sites weekly for transparent dressings, except in those pediatric patients in which the risk for dislodging the catheter outweighs the benefit of changing the dressing.

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- Replace dressings used on short term CVC sites every 2 days if a gauze dressing is required.
- Replace dressings used on tunneled or implanted CVC sites weekly, until the insertion site has healed.
- Ensure that catheter-site care is compatible with the catheter material.
- Use a sterile sleeve for all pulmonary artery catheters.

Blood Cultures from Central Lines

Withdrawing Blood Samples from Central Venous Catheters for Blood Cultures

- Initial blood samples should not be drawn from central venous catheters unless blood cannot be obtained percutaneously from any vein. Blood cultures should always be drawn by venipuncture from 2 independent sites.
- An order from a Licensed Independent Practitioner (LIP) is needed to draw a set of blood cultures from a central line. A set consists of one aerobic bottle and one anaerobic bottle. Two sets should be collected.
- A positive peripherally-drawn culture may be followed with a culture drawn from the central line to determine if the line has been sterilized by antibiotics. Blood may be drawn from a central line following the procedures outlined below.
- When blood must be obtained from a central venous catheter, the procedure will be performed by a nurse and PCT, 2 nurses, or a nurse and an MD using sterile technique.

List of Needed Supplies:

- Bedside table, cleaned with hospital-approved disinfectant
- 1 sterile drape
- Sterile gloves
- 3 – 10 ml sterile twinpak syringes (1 for waste and 1 for each blood culture specimen)
- 70% isopropyl alcohol pledgets
- Blood culture bottles (two aerobic bottles and two anaerobic bottles)
- 1 sterile prefilled 0.9% normal saline syringe

Procedure

1. An order from an LIP is needed to draw a set of blood cultures from a central line.
2. Two individuals are needed to perform the procedure: a nurse to draw the blood and an assistant. The assistant may be another nurse, PCT or MD.
3. Gather all supplies.
4. Perform hand hygiene.

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5. Wipe down the bedside table with disinfectant; allow to dry.
6. A capped port (no infusions) is used for blood culture draw. Additional considerations include using the proximal port on a multi-lumen central line and the red port of a PICC if available. If a port with an infusion is used, the infusion must be able to be temporarily discontinued.
7. Open sterile drape and carefully place on the top of the bedside table.
8. Open sterile supplies and place on sterile field.
9. After removing the caps from the tops of the blood culture bottles, wipe the tops of the bottles with 70% isopropyl alcohol pledgets, and set aside (NICU patients: use CHG swab).
10. Don sterile gloves.
11. Using alcohol pledget, the assistant scrubs the hub on the central line port for 5 seconds (epidemiology policy 01.51 *Scrub the Hub Technique for Intravascular Catheters and Infusion Systems*).
12. Once dry, the assistant holds the port for the nurse to access the port for blood draw.
13. Using sterile 10 ml syringe, withdraw waste sample (5-10 ml) and discard
14. Using 2 sterile 10 ml syringes, withdraw specimens for blood culture (8-10 ml for each aerobic blood culture bottle and 5-7 ml for each anaerobic bottle).
15. Using sterile prefilled 0.9% normal saline syringe, flush port using pulsatile technique. Add heparin dwell as ordered for a capped port. If a port with an infusion is used, reattach and resume infusion.
16. The requisition should clearly state that the specimen was obtained from a central line.

References

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Additional Recommendations for Insertion of Arterial Catheters and Pressure Monitoring

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Devices for Adult and Pediatric Patients

Insertion of Arterial Catheters

- Insertion of radial arterial catheters
 - An observer will monitor the insertion using a checklist to verify appropriate insertion technique. (See Appendix A for checklist.)
 - Wash hands with an antimicrobial soap or apply an alcohol hand rub.
 - Don a cap, mask, sterile gown, sterile gloves and use a small sterile fenestrated drape. As an option, a small sterile non-fenestrated drape, to open supplies onto a sterile field, may be added.
 - Use ChloroPrep to prep the insertion site. Let the ChloroPrep air dry before inserting the catheter. Premature infants: see Appendix B for premature neonates whose birthweight is <1000 g and who are ≤28 days of age.
 - Apply a chlorhexidine impregnated sponge dressing to the insertion site. Fix the catheter to the skin with a sterile adhesive product before applying the dressing.
 - Either gauze and tape or a polyurethane dressing can be used.
 - If gauze and tape is used, it must be changed every 48 hours.
 - If polyurethane is used, it must be changed every 7 days. However; if the site begins to ooze blood, the dressing must be changed to a gauze and tape dressing which must be changed every 48 hours.
- During femoral artery catheter insertion, maximal sterile barrier precautions will also be used.
 - Apply a chlorhexidine impregnated sponge dressing to the insertion site followed by a dressing.
 - The chlorhexidine impregnated sponge is changed every 7 days (or at any time if it becomes soaked with blood).
 - Either gauze and tape or a polyurethane dressing can be used.
 - If gauze and tape is used, it must be changed every 48 hours.
 - If polyurethane is used, it must be changed every 7 days. However; if the site begins to ooze blood, the dressing must be changed to a gauze and tape dressing which must be changed every 48 hours.

Replacement of Catheter and Pressure Monitoring System

- Replace arterial catheters only when there is a clinical indication.
- Remove the arterial catheter as soon as it is no longer needed.
- Replace transducers at 96-hour intervals. Replace other components of the system (including the tubing, continuous-flush device, and flush solution) at the time the transducer is replaced.

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Care of
Pressure
Monitoring
Systems

- General Measures
 - Keep all components of the pressure monitoring system (including calibration devices and flush solution) sterile.
 - Minimize the number of manipulations of and entries into the pressure monitoring system. Use a closed-flush system (i.e., continuous flush), rather than an open system (i.e., one that requires a syringe and stopcock), to maintain the patency of the pressure monitoring catheters.
 - When the pressure monitoring system is accessed through a diaphragm rather than a stopcock, scrub the diaphragm with alcohol and let it dry before accessing the system.
 - Do not administer dextrose-containing solutions or parenteral nutrition fluids through the pressure monitoring circuit.

Recommendations for Umbilical Catheters

Replacement of
Catheters

- Remove and do not replace umbilical catheters (arterial or venous) if any signs of umbilical infection, catheter-related bloodstream infection or thrombosis are present.
- Replace umbilical venous catheters only if the catheter malfunctions.

Catheter-site
Care

- Cleanse the umbilical insertion site with CHG or povidone iodine before catheter insertion. Avoid tincture of iodine because of the potential effect on the neonatal thyroid. See Appendix B for premature neonates.
- Do not use topical antibiotic ointment or creams on umbilical catheter insertion sites because of the potential to promote fungal infections and antimicrobial resistance.
- Add low doses of heparin (0.25-1.0 U/ml) to the fluid infused through umbilical arterial catheters.
- Remove umbilical catheters as soon as possible when no longer needed or when any sign of umbilical infection, vascular insufficiency to the lower extremities is observed. Optimally, umbilical artery catheters should not be left in place >5 days.
- An umbilical catheter may be replaced if it is malfunctioning, and there is no other indication for catheter removal, and the total duration of catheterization has not exceeded 5 days for an umbilical artery catheter or 14 days for an umbilical venous catheter.

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Appendix A

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Central Intravenous Catheter and Arterial Catheter Insertion Practices Monitoring Form

Data Collected by: _____ Date of Insertion ____ / ____ / ____
Patient Initials _____ UH# _____ Procedure Start Time: _____
Male _____ Female _____ DOB ____ / ____ / ____ Procedure End Time: _____
Event type: CVC____ PAC____ PICC____ Location of Pt: MICU____ SICU____ BICU____ TDCU____ NCCU____
Site of insertion: subclavian _____ internal jugular _____ arm (PICC) _____ femoral _____ radial artery _____
Operator's Name (central line or radial artery inserter): _____
Operator's Occupation: Attending _____ Intern/Resident _____ Fellow _____ PA _____
Nurse _____ Medical Student _____ Other _____
(please specify)
Reason for inserting: New indication _____ Suspected central line infection _____ Other (explain) _____
Replace (rewire) malfunctioning central line _____
Replace (rewire) central line in preparation for discharge from the ICU _____

Insertion practices:

Mask donned	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention
Cap donned	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention
Eye shield donned	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention
Performed hand hygiene	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention
Touched any surface or object after hand hygiene and before donning sterile gown and gloves	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> No, after intervention
Sterile gloves	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention
Sterile gown	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention
Gloves pulled up over cuffs of gown	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention
Touched gown and/or gloves to nonsterile surface prior to setting up the sterile field	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> No, after intervention
Skin preparation with 2% chlorhexidine/alcohol	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention
Was chlorhexidine/alcohol prep completely dry <i>before</i> first skin puncture or start of rewire procedure	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention
Sterile full body fenestrated drape used (small fenestrated drape for radial artery catheter insertion)	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention
Placed sterile fenestrated full body drape or sterile small fenestrated drape over insertion site without contaminating the drape during placement	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention
Number of skin punctures <small>(circle one)</small>	1 2 3 \geq 4 <input type="checkbox"/> N/A for rewire

List any other breaks in technique that occur before or during insertion of the catheter

(This section to be answered only if you are replacing a line)

For catheter exchange, managed wire without contamination	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention
For catheter exchange, new sterile gloves donned prior to insertion of new catheter	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes, after intervention

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Appendix B

Insertion and care of central lines for premature neonates in the Neonatal Intensive Care Unit (NICU)

Insertion of Peripherally Inserted Central Catheters (PICCs)

- I. Perform hand hygiene
 - A. Wash hands with antiseptic soap and water and dry thoroughly with paper towels.
 - B. Apply alcohol liberally to both hands and wrists and rub to dryness. (1)

- II. Use a checklist for insertion of PICCs (2)

- III. Use maximal sterile barrier precautions for insertion of central catheters.
 - A. Cap
 - B. Mask
 - C. Sterile gown
 - D. Sterile gloves
 - E. Sterile cloth drapes
 - F. Use PICC cart containing everything needed for insertion of a PICC. (3)

- IV. Perform skin antisepsis at the catheter entry site with Chloraprep (2% chlorhexidine-70% isopropyl alcohol).
 Use a dedicated team of nurses who have had special training for insertion, maintenance and monitoring of central lines. (1) The NICU PICC team has the following characteristics:
 - . Supervised by a PICC clinician
 - . PICC insertion requires specialized training to improve outcomes by diminishing catheter related complications
 - . PICC team members must complete a PICC training course and perform 3 successful supervised insertions to be deemed competent to perform insertions.
 - . Yearly competency must be maintained by team members.
 - . The PICC team minimizes nosocomial infections by optimizing sterile technique used for catheter insertions and dressing changes through the execution of the recommendations in the scientific literature.
 - . Team members perform all PICC insertions, conduct daily assessment of each catheter and dressing, monitor tip location on chest radiographs, perform dressing changes, troubleshoot catheter problems, perform difficult venipunctures, provide informal staff education, and conduct hand hygiene and line entry surveillance.

Maintenance of central lines

- A. Minimize the number of ports/connections in infusion systems.
- B. Each port of entry and connector must be considered as a site of possible line contamination
- C. Closed medication systems decrease opportunities for contamination, particularly when connecting ports can be placed as far as possible from areas contaminated by diapers.
- D. Changes of line setups and access ports
 1. Change lines used for infusion of dextrose and amino acids every 96 hours.

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2. Lines used for administration of lipids should be changed every 24 hours.
3. Lines used for administration of blood products should be changed at the end of every transfusion.
4. Needleless access ports should be changed at least as often as administration sets.

Accessing ports and changing lines

- A. When changing lines or accessing ports, the ports and line connectors must be scrubbed for 15 seconds with a disinfectant containing both 2% chlorhexidine and 70% isopropyl alcohol.
- B. Allow the chlorhexidine /alcohol solution to dry before accessing the port or line connector. (1, 4)

Monitor the necessity of central lines

- A. Risk of central line infection rises steeply after a central line has been in place for ≥ 3 weeks. (5, 6)

Dressing changes

- Assessment
 - . The Neonatal PICC dressing and entire intravenous administration set should be assessed at the beginning of each shift and then hourly, with documentation of the site. This assessment should include visual inspection of the site, security and amount of any externally lying catheter and integrity of the dressing.
 - . The entire extremity or site surrounding the insertion area should be assessed for erythema or edema, along the vein track to the location of the catheter.
- A systematic evaluation of all tubing connections en route to the infusion pump, including pump alarm settings, should be done. Central line dressing change kit
 - . Prepackaged kit contains all necessary supplies required for the dressing change (mask, sterile gloves, sterile drape, antiseptic, saline wipes, transparent semi-permeable dressings, and scissors, all stored in a PICC cart.
 - . Dressing changes should be done routinely at 7 days.
 - . Only the PICC team nurse or charge nurse may perform dressing changes utilizing the pre-packaged neonatal dressing kit.
 - . Dressing changes occur as needed when the site becomes non-occlusive.
- Sterile precautions for PICC dressing change
 - . Cap
 - . Mask
 - . Sterile gown
 - . Sterile gloves
- Application of an antiseptic
 - . Use 2% chlorhexidine-70% isopropyl alcohol (Chloraprep). (The U.S. Food and Drug Administration [FDA] recently approved changes to the safety labeling of chlorhexidine products for use in infants now stating “**use with care in premature infants or infants under 2 months of age. These products may cause irritation or chemical burns.**”)

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- Chlorhexidine - 70% isopropyl alcohol (Chloraprep) is the best antiseptic. **The Chloraprep must be completely dry before placement of a Biopatch at the catheter insertion site.**

Securement devices

- The literature supports using securement devices
- The Infusion Nurses Society recommends that a manufactured catheter-specific stabilization device is preferred when feasible
- Only specially trained personnel should perform the neonatal PICC dressing changes. (7)

Procedure for tubing changes

- All fluids are changed on a sterile barrier with sterile gloves, and all connections are made aseptically prior to accessing the fluids.
- Utilizing non-sterile gloves, the nurse cleanses the infusion pumps and bedside cart with an antimicrobial wipe.
- A sterile pad in a package is placed on the bedside cart.
- The exposed inner surface of the opened tubing package provides a sterile work field on which the sterile pad is placed.
- The nurse dons sterile gloves and prepares to assemble the tubing, securing all connections aseptically before “spiking” the new fluids. (3,8,9)

Application of Biopatch and use of Chlorhexidine / 70% Alcohol (Chloraprep) insertion for Broviac and PICC lines

- Use of Biopatch. Infants weighing ≥ 1000 grams and gestational age of ≥ 28 weeks (10,11).
- Use of Chloraprep (2% chlorhexidine – 70% isopropyl alcohol). Chloraprep is now used frequently for skin preparation for insertion of PIC lines in neonates (3, 8-11).

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