

University of Texas Medical Branch Sleep Disorder Center Policy: 08.01.03 Technician Staffing Patterns and Ratios	Effective Date: January 2013 Revised Date: January 2013 Review Date:
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Technician Staffing Patterns and Ratios (VLTC)

Audience: All personnel in the Sleep Disorder Center.

Purpose: Setting staffing patterns and patient-to-technician ratios that are appropriate for the workload ensures the safety of sleep patients and adequate technician coverage throughout the recording.

Policy: A technician-to-patient ratio of 1:2 is the minimum for all sleep studies under usual circumstances. A ratio of 1:1 *may* be used when recording inpatients, young children, or patients expected to require additional assistance during the recording.

Procedure:

- 1 technician scheduled from 6:30pm – 8:00am Monday – Saturday
- 1 technician scheduled from 7:45am – 4:15pm Monday – Friday
- 1 additional staff member on call Monday – Saturday for additional coverage if needed

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