Lunch & Learn: Prevention of Falls

Join us for lunch, interactive presentations by UTMB experts and games to follow.

When: Tuesdays, Sept. 13 — Oct. 18, 2016
11:30 a.m. - 1:30 p.m.

Where: McGuire Dent Recreational Center, 27th and Seawall

Cost: $3.00 — Please call 409-266-9692 to RSVP

Presentations

Tues. Sept 13:
“Use It or Lose It” — Rebecca Galloway, PT

Tues. Sept 20:
“Watch Your Step” — Betty Douzar, RN

Tues. Sept 27:
“Medicate or Meditate” — Kyu Kim Jana, MD

Tues. Oct 4:
“Help, I’ve Fallen” — Elena Volpi, MD

Tues. Oct 11:
“You Are What You Eat” — Juliet McKee, MD

Tues. Oct. 18:
“Every Time I Feel the Spirit” — Rev. Helen Appelberg