Dr. Micah Drummond has been committed to aging and protein metabolism research since 2006 beginning as a postdoctoral fellow at the University of Texas Medical Branch under the mentorship of Drs. Blake Rasmussen and Elena Volpi. Currently, Dr. Drummond is an Assistant Professor at the University of Utah with adjunct appointments in the Departments of Nutrition, Endocrinology and Pathology. His research focus is to further understand the cellular and molecular regulation of muscle and metabolic dysfunction in physically inactive older adults while also utilizing nutritional and exercise strategies to counter deficits in muscle protein metabolism.

Dr. Drummond is much honored to receive such a prestigious award. Over the past 8 years, he has maintained a high level of productivity as demonstrated by his publication record in numerous nutrition, physiology and aging journals. Many of these articles have been focused on the muscle protein anabolic impairment to amino acids in older adults and in response to physical inactivity. His latest article published in 2015 within the Journal of Physiology titles: “Age-related differences in lean mass, protein synthesis and markers of skeletal muscle proteolysis after bed rest and exercise rehabilitation” is an excellent example of this line of investigation. In addition to this recognized scholarly work, Micah has been invited to give several presentations at national science meetings such as at Experimental Biology and America College of Sports Medicine (ACSM), and has acquired intramural and extramural grants and research achievement awards in aging metabolism research. Together, this is evidence that Dr. Drummond is ambitious, impactful, and innovative even at this stage in his early career and is committed to using evidence-based tools such as nutrition and exercise to positively improve the health outcomes of older adults.

In Memory of V.R. Young, PhD (1939-2006)
Endowed by the Ajinomoto Company, Inc.